



"Congress shall make no law..."

THE VALLEY PATRIOT

"HIGH PRESHA!"

Page 2

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Sparks Fly in Sheriff's Race



Essex County Sheriff Frank Cousins is not seeking reelection this year. There are 13 candidates seeking to replace him. It is a six year job. The Valley Patriot hosted a debate for both the Democrat and Republican candidates last month. The primary election is THURSDAY, SEPT. 8TH



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VALLEY PATRIOT OF THE MONTH

WWII Vet Receives High School Diploma

By: Maria Fiato - The Lawrence School Department gave an honorary high school diploma last month to US. Army, PFC. Louis Panebianco, who served in the 36th Infantry, Charlie Battery, 155th Field Artillery during WWII. Panebianco, who now lives in Salem, NH, served in many theaters of combat, including; Germany, Algeria, Naples, French Morocco, Arno, Rome, Rhineland, and Foggia. During the depression Panebianco had to leave school to go to work and provide for his family. He would later be drafted for the war, where he served with such distinction that he earned the: Purple Heart, Good Conduct Medal, Victory Medal, European-African Campaign Medal, and the nation of France even honored him with the highest medal of Honor, the Legion of Honour Medal.

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PHOTO: RICH RUSSELL

U.S. Army PFC Louis Panebianco was finally given his high school diploma from Lawrence High School after 73 years!

The Distinguished Hillary Clinton

Jeff Katz
VALLEY PATRIOT COLUMNIST

While Hillary Clinton continues on her lifelong quest to become President of the United States, the rest of us are left to ponder just how she'd do in that position. To get a good idea of her potential presidential prowess, I'm suggesting that we look at her past performance and at least get a baseline.

Everyone of a certain age can certainly remember the Bill Clinton administration. Economy was good. Needed reforms were made to welfare programs. For the most part, the United States was still the strongest power in the world. Some of that was Clinton's doing and a lot of that was due to a GOP Congress holding Bill Clinton in check. But enough about Bill Clinton. What was Hillary Clinton's involvement in that administration? Nothing really. She stood around a lot of the time and tried to act like she truly wanted to be among the great unwashed. Oh, there was that time that her felonious, philandering husband held her and their daughter up for ridicule and humiliation. Her response to that as a self-proclaimed strong modern woman was, yeah, well whatever. Way to put a crack in that glass ceiling.

After a rather undistinguished turn as First Lady she parachuted in to New York and spent eight years as that state's junior senator. What was she able to accomplish? She can proudly point to the three bills she sponsored that actually became law. First was S. 1241 in 2004. This was the bill to establish the Kate Mullany National Historic Site in New York. Next up was

S. 3613 which was a bill to name a post office in Averill Park, NY the "Major George Quamo Post Office Building." That became law in 2006. And finally, her true crowning moment as a member of the United States Senate came when she introduced S. 3145. That momentous piece of legislation became law in 2008. What was it? A bill to designate a stretch of Route 20A in Orchard Park, New York as the "Timothy J. Russert Highway". I'd like to go on, but seriously that is it. Three naming bills in eight years. Amazing to say the most.

I think that her stint as Secretary of State can best be addressed by looking at her own answer when she was asked what her major accomplishments were while serving in that post. On March 11, 2014 she said, "My accomplishments as Secretary of State? Well, I'm glad you asked! My proudest accomplishment in which I take the most pride, mostly because of the opposition it faced early on, you know, the remnants of prior situations and mindsets that were too narrowly focused on a manner whereby they may have been overlooked, the bigger picture, and we didn't do that and I'm proud of that. Very proud. I would say that's a major accomplishment."

And there ya go! How can anyone possibly ignore such an incredible record of achievements and accomplishments? Ready to proclaim that you're with her? Send her an email and let her know.

Jeff Katz is a former police officer. He has won multiple Associated Press awards as Best Talk Show Host. He can be heard on iHeartRadio's Jeff Katz channel.

"WEATHER 101" WITH AL!

Tornados and End of Summer

Al Kaprielian
VALLEY PATRIOT WEATHERMAN

With September now here we can say good bye to meteorological summer, which is from June through August. This year August proved to be a very hot month. This was due to a strong upper level HIGH PRESHA system in the Atlantic Ocean known as the Bermuda high.

This Bermuda high pressure system pushes the jet stream to our north. This puts our region on the south side of the jet stream which is the hot side. We saw many days with temperatures in the middle 90's with some in the upper 90's. This weather was great for going to the beach and being on vacation. The one negative to this summer's weather has been the continuation of our severe drought. This drought has been caused by the weather pattern we have been in. Even though we have drought conditions here in New England, we saw severe flooding this summer in New Orleans and areas along the Gulf of Mexico. Peak hurricane season has arrived and occurs from mid August to mid September. In late August we have seen the tropics start to get active with an increase in tropical system development. We could surely use some heavy rain from a tropical system, without getting wind damage. Time will tell if a tropical storm or hurricane moves up the east coast this year. The reason for the time period for peak hurricane season is that the ocean waters are the warmest. Hurricanes like to develop with ocean waters of eighty degrees or higher. They weaken when they move over land because they lose the heat they get from the ocean. Also the friction from the land lowers the wind speed of the storm.

During the month of August we saw some severe weather with a tornado confirmed by the National Weather Service in Concord, MA. The tornado occurred on Monday morning August 22 at 3:20 AM and was on the ground until 3:30 AM. The tornado was classified as an EF-1. The intensity scale goes from EF 0 to EF 5; an EF 5 tornado is the strongest. Winds with and EF 1 tornado range from 86-110 miles per hour. Wind speeds with an EF 5 tornado are greater than 200 miles per hour. The maximum path width of the Concord tornado was 400 yards. The path length was one half mile. Fortunately there were no deaths. Usually tornadoes and severe

weather occur late afternoon during max heating; however, the Concord tornado occurred at night. We call this a nocturnal tornado. Nocturnal tornadoes are rare.

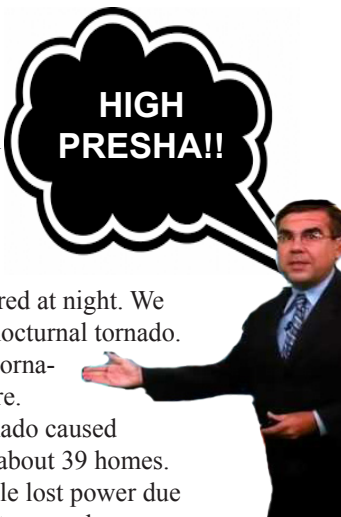
The tornado caused damage to about 39 homes. Many people lost power due to downed trees and power lines as a result of the strong winds. After severe thunderstorms occur and trees fall, the damage has to be surveyed by the National Weather Service. They have to determine by looking at the damage if trees have fallen in straight lines or in a circular fashion. If the trees have fallen in straight lines, then this was not a tornado, but a microburst. A microburst consists of strong straight line winds. There is no rotation with straight line winds. A tornado has rotation and the trees are down in a circular path. It is not impossible for New England to get tornadoes. However, they are not as frequent as the southern states. The result of the Concord tornado was the approach of a cold front which collided with some strong winds aloft.

Now with September here, we are starting to see the days get shorter with earlier sunsets. This will cool temperatures to eventually become cooler, with chilly night time temperatures. We will start to see the level change color as a result of the cooler temperatures.

Peak foliage in the Merrimack Valley usually occurs around the Columbus holiday weekend. After this, the peak color moves south and occurs on Cape Cod and the south coast the towards the end of October. As we move into fall we will start to see some coastal storms develop.

We could surely use coastal storms this year for the rainfall due to the severe drought. Next month we will recap the weather in September and look to see how the foliage is progressing. Enjoy what warm sunny weather is left for this season.

You can email Al Kaprielian your weather questions. 7al61@comcast.net



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Inmate Crisis Ignored by Area Legislators For Too Long

The Valley Patriot hosted two debates in the Essex County Sheriff’s race last month. During the Democratic Party candidate debate, superintendent of the Middleton jail, Michael Marks, explained that the Sheriff’s Department needs more than \$71M to operate. He also explained that the legislature only gave them \$50M last year as they had to keep going back to the state for supplemental budgets.

Throughout both of these debates it was unanimous among the candidates that the following facts are true:

- * Essex County has the highest intake of prisoners than any other county in the state.
- * The Essex County Sheriff’s Department has had their funding cut while other counties with declining incarceration rates continue to be level funded or get more.
- * The largest need for detox units in the state is in Essex County.
- * Women are sent to Framingham State prison regardless of their offense or classification because there are no local beds for females.
- * The new detox beds have decreased the number of beds available for prisoners.
- * Essex County jails and prisons are so overcrowded that people are sent home early to save space.

All of that being true, the eyes of the Merrimack Valley are now being opened to the fact that the financial needs of the Essex County Sheriff’s department have been ignored and dismissed by our local legislators for far too long.

Every year at budget time we receive hundreds of press releases from local senators and representatives bragging about how they managed to get state funding set aside for local groups and social programs ... from substance abuse, to ballet dancing.

But we never see an effort by our legislators to address the issue of funding our inmate over-population at the Essex County Sheriff’s Department.

That has to change.

When prisoners are sent home early, our safety, and the safety of police and corrections officers are put at risk, and the entire system breaks down.

It seems odd that our very safety has not been a priority for our local reps. and senators, but there it is. There’s no disputing it. \$50M is a far cry from \$71M.

We would add that the experts we talked to say that the \$71M sought for last year’s sheriff’s budget is a bare-bones minimum to deal with the current increasing pre-trial population.

We are calling on local legislators to stop buying political support in our communities by getting state funding for things like “green job training” and cultural organizations (to name a few) and prioritize the safety of the people in their districts.

Sure, prison funding is not sexy and it probably doesn’t fit into the narrative of the Republican or Democrat party’s red meat issues.

But, being an elected official means dealing with the hard issues that have no political payoff. It’s called doing your job, and lately our local legislators haven’t been doing it.

If local reps and senators continue to ignore this problem and make the Essex County Sheriff’s Department beg for crumbs every year, someone is going to get killed.

We say, an immediate forum should be held among local legislators to figure out how they can work across party lines to increase the funding for the Essex County Sheriff’s Department. We would even volunteer to run such a forum.

We also believe a robust discussion needs to take place on how to handle the increased need for detox centers in Essex County without affecting the lack of space for prisoner and pre-trial detainees in the Sheriff’s Department.

As Anne Manning Martin said during the Republican debate, if an elected official makes something a priority, it gets done.

Tell your local legislators to make it a priority before it’s too late.

Robito, Marks Spar Over Pretrial Detainees at the CAC

Last month, The Valley Patriot hosted a substantive debate with the Democratic Party Candidates for Essex County Sheriff, leaving no doubt about the difference between the six candidates. The debate was held at North Andover High School and was sponsored by Colizzi Memorials in Methuen, Minasian and Aziz Law Offices in Lawrence, Myles and Patricia Burke of Berkshire Hathaway Real Estate and Vietnam Veteran Richard Russell.

Seeking to replace the outgoing Sheriff Frank Cousins are: Defense Attorney Ed O’Reilly, retired Corrections Officer Jerry Robito, Lynn Police Chief Kevin Coppinger, Retired DEA Agent Paul Russell, retired Sheriff’s Dept. employee William Castro, and Michael Marks, superintendent of the Middleton prison.



The Democratic Party candidates for Essex County Sheriff were reminded of the time that the Valley Patriot was lied to by the Sheriff’s spokesman who told us in 2011 that there were no pre-trial detainees being held at “The Farm” or the Correctional Alternative Center (CAC). We then filmed for three days as pre-trial prisoners were loaded into the CAC.

Pre-trial detainees are people who have been arrested and are awaiting trial. Because they have not been found guilty of a crime and are only accused in the eyes of the law, they cannot be “punished”, (IE given the same treatment as prisoners who have been convicted and serving an actual sentence.) These are generally people who cannot make bail for whatever reason and the law says they cannot be held in the same quarters as sentenced inmates.

As an editor’s note: The Valley Patriot did several exposes on the issue from 2011 to 2015, including an inmate named James Walsh, who had 42 arrests, (some for violent offenses), who escaped from the CAC twice, only to be put back at the minimum security facility ... to walk away a third time.

While the question asked was about the way the newspaper was lied to about pre-trial detainees being held at the farm, a side discussion emerged as retired corrections officer Jerry Robito took the current Middleton Superintendent Michael Marks to task for the types of inmates being housed with pre-trial detainees at “the farm”.

MARKS: “I’d just like to first clarify that it’s not against the law to put pretrial detainees at the CAC. It’s a very important piece of the reentry initiative, and what’s happening in this country is the over-incarceration of people, and it’s giving people that are on a low bail and minor charges an opportunity to not be in jail.”

Marks said that there was a change to Massachusetts General law Ch. 127 (20B) that allows the sheriff to send pretrial inmates home if he chooses, even though there’s a bail on them.

“Our pretrial population is 70% of the population in the Middleton facility. A lot of them are held on relatively low bails. So, we made a decision that we were going to open up a unit at the Correctional Alternative Center and move pre-trial inmates there.”

“They go through the same process that the other inmates go through, a five person classification board. There are stipulations within the law that don’t allow for certain charges to go there. We have set closer criteria on it where we don’t send people there with bail over \$10,000, and we make sure they don’t have significant criminal histories.”

“People have said we send people there that are on no bail. That’s not true.”

Jerry Robito then held up a press clipping showing an individual who had no bail, and was placed at the CAC.

MARKS: “If you check his record he came in as a probation violator.”

ROBITO: “He had no bail on him. No bail. No bail.”

MARKS: “Probation... They only owe the time that was suspended ...

DETAINEES: PAGE 8

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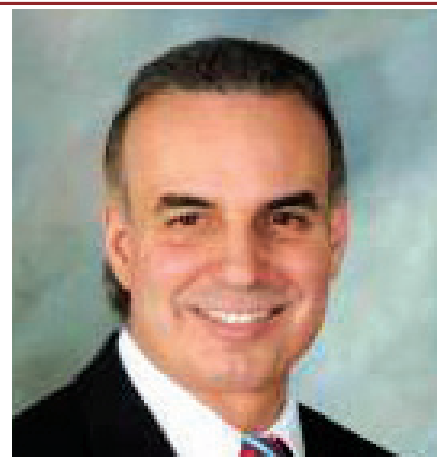
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- *Granddaughter of immigrant mill workers from Lawrence; lifelong Andover resident
- *Mother of 4, understands the challenges that face today's families and young adults



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Senior Events at The Center at Punchard

Please pre-register for all classes at myactivecenter.com or call for assistance at (978)623-8321. Visit us at www.andoverseniorcenter.org or come by at 30 Whittier Court to see our complete offerings.

September is National Senior Center Month and the Center is celebrating all month long! Find us at Andover Day on September 10th, from 10 to 3 p.m. for a free hat – first come, first served!

Healthy Living Tidbits: “Do you really need to ‘detox’ your body?”

Friday, September 9th from 9:30 to 10:30am Healthy breakfast is offered. Free.

Bon Jour! French Conversation Mondays, September 12th to November 7th from 1:30pm to 3pm. \$48

Learn vocabulary and simple everyday phrases especially for travel. Georgia Renfroe instructs.

The Fix-It Shop: September 12th and 26th at 1 p.m. Bring in your lamps (new cords & sockets), small appliances, chairs, small tables and everything else - we’ll give it a shot.

Friday Speaker Series: Conversation with the Town Manager

Friday, September 16th from 8:30am to 10am. \$4, includes breakfast. Advance purchase. Enjoy some one-on-one time with Andrew Flanagan and his team as we get a close-up view of his vision for the future. Come with your questions & appetite!

Frank’s Fabulous Buffet: Friday, September 23rd at 12pm. \$6. Advance purchase. Join the staff, under the direc-

tion of our chef Frank, for a culinary celebration of Senior Center month. We’ll enjoy a variety of delicious foods and our staff will all be on hand to welcome you to the Center. This is NOT part of our regular congregant lunch, so get your tickets early!

Herbal Sauces and Pestos at Betsy Williams’ Andover Studio

Wednesday, September 28th from 1 to 3pm. \$30, includes all materials and tastings. Limit 10. Basil is only one of many flavorful greens that can become the heart of a pesto or herb paste. Learn how to turn arugula, kale, lettuce, spinach and other greens into delicious pestos and pastes. Each person will taste several pestos, then make one to take home. Pesto and pasta recipe sheets included.

NATURE WALKS

Fridays, September 2nd- October 28th at 8:30 a.m. Meet in The Center parking lot.

Women’s Outdoor Adventures

Monday, Sept. 26th: Stevens Trail to Weir Hill Thursday, Oct. 6th: New Forster’s Island trail

Men’s Outdoor Adventures; Meet at the Center at 9am. Please pre-register.

Wednesday, September 7th: Hike Burn’s Reservation and Historic Ballardvale

Wednesday, September 21st: Ward Reservation

Wednesday, October 5th: Carmel Woods

For outdoor programs, any cancellations or changes will be communicated by email and/or phone to those registered. All participants need a health release form on

PUNCHARD: PAGE 11

Museum of Printing Re-Opening in Haverhill

The Museum of Printing has left North Andover and will re-open Saturday, September 10th from 10am to 3pm., at its new location 15 Thornton Ave, Haverhill. To continue celebrating this momentous event the Museum will also be open the following Sunday through Friday from 10 am to 3pm. Admission will be free.

Normal hours of Saturdays, 10am to 4 pm begin on Saturday, September 17. Special tours and group openings can be arranged by appointment.

The move took 9 months and included moving 52 tons of materials including a 2 ½ ton press, over 250 drawers of metal and wood type, 7,000 books and feather light ephemera.

Our lives and history have been shaped by printing. Printing communications fostered our nation, religions and politics. The Museum of Printing traces the path of printing and the graphic arts from the beginning of movable metal type in the 13th century to present day.

It will be announcing a series of lectures and workshops shortly.

Type Sales are scheduled for September 24 and November 19, but the store has been greatly expanded and will be open every Saturday, 10am to 3pm.

Their website is www.MuseumOfPrinting.org.



The Pearl press was introduced about 1876 by Boston printer William Golding. It is one of over 50 printing presses in the Museum of Printings collection.

Cambridge College-Lawrence Moves to State of the Art Campus

New location expands capacity, increases student resources and enhances access

Cambridge College recently announced plans to move its campus from 360 Merrimack Street to 280 Merrimack Street in Lawrence, effective September of 2016.

Located in the heart of the Riverwalk, the new location offers students large modern classrooms, improved technology, student-focused amenities such as a spacious computer lab and a One Stop Resource center, a cafe, ample complimentary parking, and easy access from major highways. Riverwalk Properties is a prominent asset of Lupoli Companies, the owner and developer of several mixed-use properties that encompass more than 3.6 million square feet of commercial space.

Cambridge College will occupy the fifth floor of the newly renovated building which will also provide greater efficiency in how we serve our students. An increase in enrollment coupled with a limited number of classrooms required that the college re-evaluate the efficiency of its current space. “We were fortunate to find such a beautiful space so close to our current office as it was also important that we limit the impact that relocation would have on our students, staff and employees, said Deborah Jackson, President of Cambridge College.

“This amazing new location will enable us to better serve our growing student population with state of the art academic resources,” said Catherine Koverola, Provost and Vice President of Academic Affairs.

“We are honored that Cambridge College has selected Riverwalk Properties as the location for their expansion north of Boston. As a leader and pioneer in adult

learning, Cambridge College has shown an unparalleled commitment to the area’s diverse culture and we are thrilled to help facilitate their growth and development,” said Sal Lupoli, CEO and President of Lupoli Companies.

Construction of the new space is slated to be complete in the summer of 2016 with a move in date of late to mid-September 2016. The new address will be: 280 Merrimack Street, 5th Floor, Lawrence, MA, 01843. All of the Lawrence locations’ phone numbers, emails and fax numbers will remain the same. A ribbon cutting ceremony is scheduled for October 2016.

About Cambridge College:

Cambridge College is dedicated to providing academically excellent, time-efficient, and cost-effective higher education for a diverse population of adult learners for whom these opportunities may have been limited or denied. Founded in 1971, Cambridge College is a private non-profit institution of higher education accredited by the New England Association of Schools and Colleges (NEAC) and all programs are authorized by the Massachusetts Board of Higher Education. Recognized as a pioneer in providing quality affordable higher education to adult learners, Cambridge College offers flexible undergraduate and graduate degree programs across six locations nationwide in Cambridge, Springfield and Lawrence, MA, San Juan, Puerto Rico; and Inland Empire, CA. Its highly diverse student population consists of 68% females and 32% men with 63% of this population pursuing a degree part time on evenings and weekends.

Affordable Housing Opportunity

Wood Ridge Homes North Andover, MA

Wood Ridge Homes is re-opening its waiting lists and taking applications for 1, 2, 3 and 4 bedroom subsidized apartments.

Income Qualifications: To qualify for these apartments low-income limits apply. All applicants will be screened for eligibility.

How to get an application: Applications will be available from August 2nd, 2016 through September 30, 2016. **Your place on the waiting list will be decided by lottery so there is no need to come in person, come early, or wait on a long line.**

You may obtain applications in several ways during the application period:

- 1) in person at the management office located at 10 Wood Ridge Drive, North Andover, from 9:00 a.m. to 4:00 p.m. Monday through Friday; or
- 2) at the Stevens Memorial Library at 345 Main Street, North Andover, 10:00 a.m. to 9:00 p.m. Monday through Thursday or 10:00 a.m. to 5:00 p.m. Friday

If you or anyone assisting you cannot use these methods, call 978-682-7093 and ask that an application be mailed to you.

Returning completed applications and lottery selection: Applications may be returned by mailing, faxing or bringing to the Wood Ridge Homes management office by 4:00 p.m. on September 30, 2016. Applications returned by mail must be postmarked no later than 4:00 p.m. on September 30, 2016.



If your preliminary application shows that you may eligible, your place on the waiting list will be decided by a lottery at a time and place to be determined. You will be notified of your application number and the time and location of the lottery by mail.

Minimum household size of at least one person per bedroom required.

Use and Occupancy restrictions apply.

For more information or reasonable accommodations for applicants with disabilities,

Call Wood Ridge Homes
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Fax: 978-687-6616

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NORTH ANDOVER

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GOP Candidates for Sheriff Tackle Issue of Homless Inmates

The Valley Patriot in conjunction with the Greater Lawrence Psychological Center's Carina Pappalardo, hosted a debate for the Republican candidates for Essex County Sheriff. The event was held at the American Legion on Broadway in Methuen and was covered by both the Methuen and Salisbury cable access channels. The Event was sponsored by Colizzi Memorials (978) 674-7035, Myles and Patricia Burke of Berkshire Hathaway Real Estate (603) 893-7999 and Belle Aire Music Productions (978) 902-7041.

The current Sheriff, Frank Cousins (a Republican), has chosen not to seek re-election, bringing out thirteen candidates for the position that pays approximately \$150,000 per year. The Sheriff's office is a six year term. There are six democrat, and five republican candidates seeking their party's nomination (two independents will be on the ballot in the final);

The Republicans taking part in the debate were: Corrections Officer Jeffrey Gallo, Corrections Sergeant Craig Lane, Methuen police officer Jim Jajuga, Jr., and Administrator for the Suffolk County Corrections Ann Manning Martin. Jen Berg was unable to attend.

CARINA PAPPALARDO: "How will you, as sheriff, address the release of homeless inmates who have no resources

when they leave."

JEFF GALLO: "We have a lot of homeless individuals in the jail. Some come to the facility during certain times of year, or when they have medical problems and have no means of treatment. When an inmate leaves our facility, we try to make sure that they have living arrangements. If they don't, we work with the community to get them a place to live. It's very important for us to make sure they have good living conditions. We try to get them a job, we try to give them vocational skills so they can keep working, we try to give them educational skills so they can maintain employment, and we try to give them life skills. So, for me it's very important that we address the homeless within the facility from day one, when they walk in the door. So, that way, we know when they leave they have a proper place to live."

CRAIG LANE: "Like Jeff said, often times, we have inmates check-in come winter time. If they are sleeping under an overpass, they would rather a nice warm jail with three hots and a cot. Again, our

case workers work with these individuals prior to their release, and hopefully get them on the street so they hit the ground running."

"One of the failures we have had in the facility is vocational training and trying to give them adequate job skills to take with them to the street. Due to overcrowding, we have used our vocational units basically as warehouses for inmates."

Lane says that the facility once had several vocational programs like small engine repair that no longer exist due to overcrowding. "Two of those units have now become detox centers which has resulted in a shorter supply of inmate beds. Today, we are twenty inmates over our bed capacity. This pushes inmates out to pre-release. When you are pushing people out of the jail you are not necessarily pushing the people out that you want to push out. You are pushing people out because you have to push them out. That is not a way to run a facility. As much as we need these detox beds ... the opioid epidemic is not going away, it's not [better], it's getting worse. So, yes the detox beds are needed, they are necessary, our facility is not the place for them."

"So what we need to do is get them to where they can best accommodat individuals who need the help and use that facility

to work on the inmates that we have, that we should be housing".

JIM JAJUGA, JR:

"We need to provide aftercare for inmates that are released. But, we also need to understand the issues that we are facing. What causes somebody to become homeless? Two main reasons; substance abuse, and in this area it's the opioids, and mental health issues. Are there other factors? Absolutely, but those are the two main factors, so we need to address those factors. We cannot turn a blind eye to the issues that plague our society. So, we have treatment, we have programs in place that provide inmates who are incarcerated with opportunities to help themselves. Once they are released it is difficult to monitor, so what do you do? You work with the community, you reach out to social programs such as Carinas [Greater Lawrence Psychological Center], and you say, 'listen we have these

HOMELESS: PAGE 11

O'Reilly Attacks Chief Coppinger on Pension, Crime in Lynn

At the debate for the Democratic candidates in August, Jerry Flynn, Executive Director of the New England Police Benevolent Association, asked the candidates if they would take their pension and the sheriff's salary if they are elected.

Earlier in the day Attorney Edward O'Reilly responded to a Facebook posting asking/seeking questions to ask the candidates. He posted a version of Jerry's question which prompted quite the discussion during the debate.

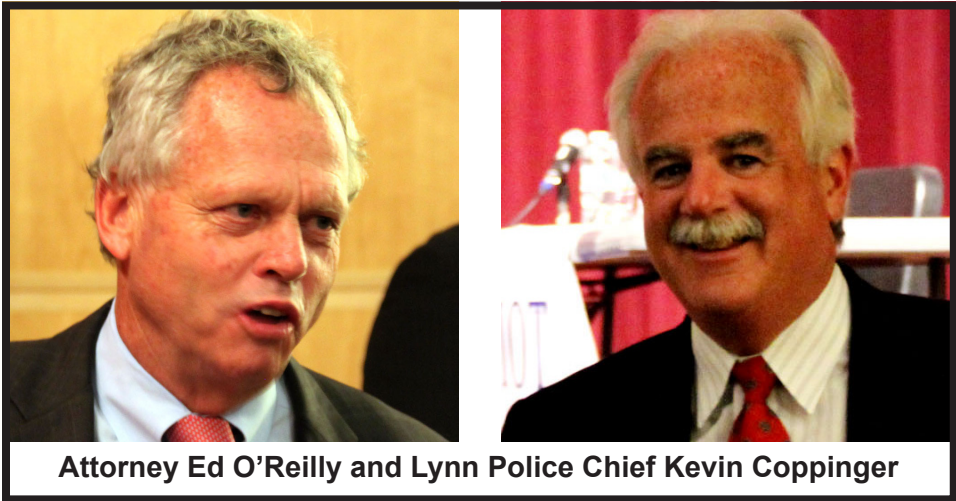
JERRY ROBITO: "I have a good retirement. I work part time security for the IRS. I really don't need the job but I feel I can make a difference and come back. After 34 years, I guess I still have a passion for it. My retirement would freeze. I have no financial motive; there are some people here that would gain financially. I would go back to my old pension."

MICHAEL MARKS: "I happened to see that question this morning on your Facebook page. What I did today was, I talked to our retirement guru who tells me that if I'm fortunate enough to win the election I could retire the day after the election, and then I could collect my pension as well as collect a full salary for the Essex County Sheriff's Department. There have been a lot of talk about pledges, I'm going to make a pledge that I will continue to work for the Sheriff's department. I will not retire. I will transfer over directly from superintendent to Sheriff and take the raise

that comes with it."

CHIEF COPPINGER: "I'm sure Eddie is waiting for my answer on this one. I know it's been on Facebook before. But, I'm going to give you an honest answer. I think it's an unfair comparison. I have worked in public service for the police department for over three decades. I've put 110% into every day that I've worked. I have paid into that pension system over the years and when I do retire it will be a job that's in my past and that is what a pension is for. It would provide a pension to me for the years of service that I paid in. I'm running not just to get elected but to do a job. To do a job that I'm going to give another 110% to every single day, because, it's a tough job. It's going to be a seven day a week job to get the Sheriff's office back on track to where it should be. I'm going to answer your question (he said looking at Attorney O'Reilly) with a question. Just a comparison to give you something to think about. If someone leaves the United States Marine Corps after putting in 30 years of service to our military, and when they come back they go to work for the United States Post Office, are you going to tell them they can't take a second salary? That's my position. I would take my pension, and yes I would take the salary, because I think in order to do that job, it's going to take many hours and I think I deserve that in my career."

ED O'REILLY: "I take a very small



Attorney Ed O'Reilly and Lynn Police Chief Kevin Coppinger

stipend for my service of over 13 years to help pay for the health insurance. I would forgo that. It's about \$300 a month. But, to go back to Chief Coppinger's statement. This is a loophole in the pension system that Chief Coppinger is going to take advantage of. And just let me say why."

TOM DUGGAN: "Were you the one that posted this on my Facebook page?"

O'REILLY: Yes, I asked to have this as a question, because this is unfair. It's really important for all the people that are out there, that worked for the state to get a pension, they can only make about \$17,000 a year and after that, they have to start paying some money back into the system. This loophole was made for elected officials, by elected officials, so

that they can ... unlike anyone else in the pension system ... so they can get a full pension and a full salary. I understand what the chief is saying, but that's comparing apples and oranges. Anyone else in the system cannot do that. So Chief Coppinger would be making nearly \$300,000 a year for a \$150,000 job. And I find that to be unacceptable, not necessarily because of him, but the loophole in the law."

COPPINGER: "If you think about this, public officials from New Hampshire can come down and work in this job. Someone can retire from GE and come in and work in this job. Someone can come in from anywhere in the private sector, they have earned their pension , they have put their

PENSION: PAGE 22



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Republicans Spar Over Building New Facility, Bed Space

“This is not a time to build new prisons unless they are completely dilapidated and inhumane, then absolutely, but we don’t build new prisons because we are not managing our population.”

~ Anne Manning Martin

“I think we manage our population just fine.”

~ Corrections Lt. & candidate for Sheriff Jeff Gallo

Candidates for Essex County Sheriff, Anne Manning Martin, Jeff Gallo and Craig Lane sparred over whether or not to ease overcrowding at the jail by building a new facility. Manning was the only one to oppose the idea, while Jim Jajuga said he would support it only if the state funded it. Ken Berg was not present.

During that discussion, a disagreement broke out about the proper classification of prisoners and the use of bed space for detox centers.

Tom Duggan: Since candidates at both debates complained about overcrowding in all the Sheriff’s Department facilities, does Essex County need a new prison?

JEFF GALLO: “I believe we could use another facility in the Middleton space, but that’s a huge undertaking. We can’t just do it on our own.”

“We didn’t even get windows put in the CAC until this year ... we have been asking them for it for six years. It all comes down to the judges as well. They sentence them. We don’t sentence them.”

CRAIG LANE: “There’s definitely a capacity problem. The sheriff was in a rush to get these detox centers. Up until the start of this run, I was president of the union. I sat in on all the meetings when they were setting up the male detox center. Male detox holds 42 beds. They went into a unit that held 8 beds. So, you lost 38 male beds right there. They then took another unit that held 80 males and put in the female detox, so you’ve lost about 112 pre-trial beds, and we cannot afford

those.”

JIM JAJUGA, JR. “Transparency is important. So, if we were to continue to have the pretrial detainees placed in an area where there were inmates that were already convicted, that we make sure it complied with all state and local regulations. So, I don’t completely disagree with the practice, but we have to look at it very closely. We don’t want to help foster criminality.”

“One of the biggest issues is overcrowding. There are over 20 inmates sleeping on what are called canoes in the intake. Why? Because a 40 bed female, and 42 bed male detox affected the populations. How do we rectify the problem of overcrowding, if the state would fund an addition, I would be for it.

ANNE MANNING-MARTIN

Within the department of corrections we had issues several years ago, where our medium sentenced institutions were packed to the gills and we couldn’t get them classified down to a minimum status. So, you have to look at where your beds are, and why that is. What we found was that we were over classifying the inmates. We came up with an objective, point-based system that you use in your classification, where the inmate gets a score. It’s based on whether the inmate’s a repeat offender; you get a certain point for age, because certain ages commit more crime. They would get points for, and taken away, if they had no disciplinary history. The classification board could override if



there were extenuating circumstance.”

“What the objective, point-based system does is, it identifies someone who should be moving down to a lower level of classification.”

“There was a backlog and we fixed that. So, I suggest we take a look at the classification process at the Essex County Sheriff’s department.”

“No, I think we need to better manage our bed space and our population, so, no, the answer to that is no.”

CRAIG LANE: “Anne, there is no bed space. So, it’s not a matter of dropping them down to an appropriate level, there is no level, and no space at any level. At 10 this morning I was trying to bring in an inmate to classification. I was told we had to move off because they are having an emergency meeting to move 20 inmates to the farm (The pre-release facility in Lawrence). Last Saturday we stopped taking in safetys because we had no room. Our infirmary is designed to hold 24 people. We had 48 in the infirmary, 25 sleeping on the floor at intake. There are no beds. You do need to either get the detox centers out or get the beds back. Again with the capacity problem even with those, they never should have been taken away to be-

gin with. And yes, we do need additional space.”

ANNE MANNING-MARTIN:

“When Sheriff Cousins first raised the idea ... I read it in my local paper ... he said he wanted to open a detox. Because, he said, he was looking at the numbers. And what the numbers said to him were that his sentenced inmates were on the decline, which is going down across the state, and his pretrial [detainees] were on an incline because of the lack of detox and substance abuse treatment in the community. So, yes he took 42 beds for the men, and then offered the same, fair and equal treatment to the women, 84 beds. Yes, he did do that because he saw a need in the community and his sentenced numbers were going down. Sentenced numbers are going down all across the state. This is not a time to build new prisons unless they are completely dilapidated and inhumane then, absolutely. But, we don’t build new prisons because we are not managing our population.”

JEFF GALLO: “I think we manage our population just fine. Yes, pretrial inmates are on the rise, but we can also put them out in their communities, back on the

FACILITY: PAGE 13

DETAINEES: FROM PAGE 3

ROBITO: “So, this is a lie? It’s a lie” he asked while holding up a press clipping.

MARKS: “It’s misinformation.”

ROBITO: “It’s from your spokesman.”

MAKRS: “He’s not my spokesman. I don’t have a spokesman.”

ROBITO: “He spoke for you.”

MARKS: “He’s part of the Sheriff’s team. I run the correctional facility. I have no jurisdiction over that.”

ROBITO: “I’m sorry, he’s on your team. But, he was a spokesman at the time. This is what he gave to the Eagle Tribune.”

MARKS: “I have no explanation for why he said that. You have used that in another forum that we had, you used that same one, and just to make sure I was correct I checked the record on that, it was a probation violation.”

WILLIAM CASTRO: “I don’t think we should have pretrial detainees there at the farm. I’ve worked at the CAC. I’ve worked there, trust me when I tell you. They are not segregated. They are free to roam from one place to the other ... it’s absolutely insane. They cross from one place to the other to the sentenced inmates [and] to the pre-trial. Trust me, I worked there. Jerry [Robito] you worked there ...”

ROBITO: “100% correct.”

MARKS: “I just said that. I agree with that. They sleep in their own separate area and they are out in the compound with everybody else. These are men that can’t pay a thousand dollar bail and they have

to come to jail and it costs significant amounts of money to be in there in hard cells. So, it’s a risk business, and if we weren’t willing to take a risk we wouldn’t have a CAC. We would have everybody in Middleton and we would have 1,600 guys sleeping on the floor in the gym. But, we have to have re-entry plans. We have to give these men and women the tools they need to come back to the communities [as] better people.”

“It’s a risk business. And I can tell you it’s a much higher risk to leave these men and women locked up with nothing, and then just release them to the streets to their buddies that they were hanging with, with no tools. That’s a bigger risk. That’s why reentry is a national thing. It’s something that’s really happening. It’s not just care, custody, and control. It’s care, custody, control, and reentry. Anyone who qualifies for our reentry needs to be given a shot.”

ROBITO: “I just want an answer from the superintendent. Is it true that five sentenced inmates that went through the drug and alcohol program in Middleton, OD’d and were taken to the hospital down at the farm and treated, and three days later there were two more? Is that true or false?”

MARKS: “That’s true.”

ROBITO: “Thank you.”

MARKS: “Relapse is part of addiction.”

ROBITO: “So, there’s your care, custody, and control.”

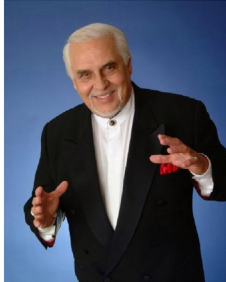
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The Valley Patriot hosted a debate of the Democratic Party candidates for Essex County Sheriff. During the debate each of the six candidates committed to support the Democratic Party’s nominee who will be chosen on THURSDAY, September 8th. Pictured above from left to right are: William Castro, Paul Russell, Jerry Robito, (middle table) Valley Patriot publisher Tom Duggan, Executive Director of the New England Police Benevolent Association Jerry Flynn, psychiatric nurse Christine Morabito, (table at right) Attorney Ed O’Reilly, and Lynn Police Chief Kevin Coppinger. Not pictured Michael Marks. The debate was held at North Andover High School and was sponsored by: Colizzi Memorials in Methuen (978) 674-7035, Minasian and Aziz Attorneys at Law (978) 682-5560, Myles and Patricia Burke of Berkshire Hathaway Real Estate (978) 807-6371 and Vietnam Veteran Richard Russell.

Michael Marks Supports Privatization of Medical Services

While each candidate gave similar answers to many of the questions asked during the debate there were several areas where they disagreed, including private health care services in the prison. Moderator Christine Morabito, a psychiatric nurse from Haverhill, asked the candidates about the myriad of problems with a private contractor (NAPHCARE) that provides nursing staff and medical care to the Sheriff’s Department.

With the exception of Michael Marks, the current superintendent of the Middleton jail, each of the candidates said they did not believe in privatizing health services and would return hiring and firing of medical and nursing staff to the sheriff’s department.

“When I was in charge of housing I was in the infirmary,” said Jerry Robito. “I was there when we hired nurses, we screened them, made sure we had the best person for the job.” Robito said that when the nursing and medical care was privatized it caused “all kinds of problems” including nurses having affairs with inmates. “We inherit, we don’t hire,” he said detailing phone calls he gets from people on the issue. “We need to go back to the old way of doing things.” But, Michael Marks of Lynn disagrees.

“Unfortunately, in corrections, everything is money driven. At some point in time, nationally, privatization of food and medical services became norm. It’s like snow and ice, you can budget a million dollars for health care, and then you get an inmate who is in the hospital for 3 years like we have right now. We have an inmate who has been in and out of the hospital for three years. That’s millions of dollars in health care for this individual. He was shot in Boston by a Middlesex County Deputy sheriff deputy after he shot one their deputies.”

“The reason for privatization is to make sure the liability for health care



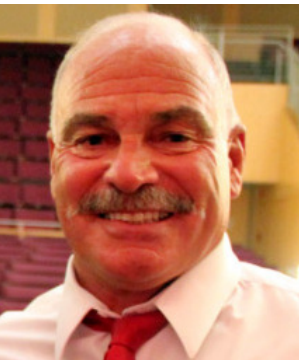
falls on the contractor. But, we also have a contract they have to follow. I believe the problem with nursing staff is they are not use to correctional health care. It’s a very, very, difficult place to practice health care. This isn’t a hospital, these people aren’t always nice. There’s so much turnover and the pay is not close to what they pay in community. In the private sector, if you are a good nurse you can write your own ticket and make what you want to make. Unfortunately in this industry that’s not the case.”

“I think, overall, we have very good correctional good health care. NAPHCARE is accredited by the National Correctional Association and the National Commission of Health Care. Both come in

every three years, they do an audit of the medical process and NAPHCARE has passed.”

Marks concluded by saying that the next time their contract comes up, he will not automatically renew it, but will put it out for a competitive bid adding, “Let people compete for that contract.”

Defense Attorney Ed O’Reilly of Gloucester disagreed saying the Sheriff’s department loses control when there’s a private contractor adding that the Sheriff’s Department needs emergency



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Sheriff Candidate Castro Accuses Rival Supporters of Stealing, Damaging Signs

Sheriff Candidate William Castro Files False Police Report Alleging Rival’s Supporter Stole and Damaged his Signs

Essex County Sheriff’s candidate William Castro of Lawrence, has filed a false police report against a campaign rival’s volunteer, claiming the volunteer was responsible for stealing and damaging campaign signs.

Castro claims to have suffered \$900 in damages from stolen and damaged signs at the hands of Vietnam veteran, Richard Russell, a campaign supporter for Sheriff candidate Jerry Robito, but offered no proof, or even evidence that Russell was responsible for any of those alleged losses.

In fact, according to Castro’s own statements to police, Russell did not damage his signs.

Despite having video to the contrary, Castro swore out a criminal complaint against Russell on August 16th, at the Lawrence Police Department alleging Russell stole and damaged his signs, demanding a court date.

According to the police report filed by Castro, where he lists his race as “unknown”, he reports:

He (Castro) stated to police that he watched Russell “use duct tape to affix a piece of paper to his William Castro sign.”

The piece of paper affixed to his sign read: “Don’t put signs on other candidates signs unless you have their permission.”

For his part, Russell says that Castro has been placing his ‘Castro for Sheriff’ signs on top of signs for other candidates, placed them in illegal locations, and on private property without permission of the owners.

“He is claiming I stole and damaged his signs by taping a notice at the bottom of them, letting him know he had no permission to do so,” Richard Russell told The Valley Patriot.

“He is just trying to generate bad press for my candidate with his false accusations.”

“The fact is, Mr. Castro is running for Sheriff but doesn’t care about the law, and thinks he can put his signs wherever he wants just like his buddy Willie Lantigua. By law, I could have just taken them down. By his own admission I didn’t do that. But, he went ahead and filed a false criminal complaint against me, and now I have to take a day out of my life and go to court. When it’s over, I hope the Lawrence Police prosecute him for filing a false report.”

Just one of many Castro signs illegally placed on top of a sign for Marcos Devers for State Rep.

Russell said he is hiring an attorney to sue Castro for slandering his good name.

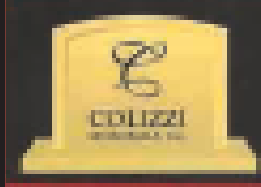
Castro also alleges in his complaint as proof that Russell committed a criminal act, that he posted a photo on Facebook of “numerous political signs, excluding Robito signs, inside a dumpster. The caption on the picture read “Hey, political candidates; here is where your signs end up if you don’t have permission [to put them up]. In a dumpster!”

Castro claimed he found the dumpster with his and other candidates’ signs in them and that one sign “was broken in half.”

According to Russell, the photo Castro posted on line of his “sign broken in half”

CASTRO: PAGE 13

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You might think with summer being over that most places at the beach are closed. But, you would be wrong! Here is a list of what’s still open this fall at Salisbury and Hampton Beach, as well as Newburyport.

- Cristy's Pizza, Salisbury Beach
- Jilly's Pizza, Salisbury Beach
- Tripoli Pizza, Salisbury Beach
- Wiley's Candy, Salisbury Beach - chocolates, ice cream, Salt Water Taffy
- Joe's On The Beach – Arcade, Salt Water Taffy, Dairy Twirl
- Joe's Playland - Arcade
- Carefree Arcade
- Salisbury Discount House
- Salisbury Beach Pubs/Nightclubs:
- Uncle Eddie's, Salisbury Beach
- Splash Liquid Lounge, Salisbury Beach
- Gracie's Bar & Grill, Salisbury Beach
- Carousel Lounge, Salisbury Beach
- Dolphin Grille, Salisbury Beach
- Upper Deck, Salisbury Beach
- Hideaway Pub, 183 North End Blvd, Salisbury Beach
- Ten's Show Club-Adult Entertainment-Salisbury Beach
- Events at Salisbury Beach: [beachfests.org/events/bands-on-the-beach-fireworks-18/](#)
- Sat, Sep 3rd Entrain - Beach Center Stage, 7:30 -10pm. Fireworks over the ocean at 10:15!
- Hampton Beach, NH:

- Sea Shell Stage Nightly Shows:
- Sat. Sep 3rd: HELP – Beatles Tribute Band
- Sun Sep 4th: The Continentals – music from the 50-80’s
- Mon Sep 5th: The Reminisants – Oldies
- Fri Sep 9th, Sat Sep 10th, Sun. Sep 11th Hampton Beach Seafood Festival [hamptonbeachseafoodfestival.com/festivalschedule.cfm](#)
- NEWBURYPORT - Sept. 3rd, noon - 7PM, Riverfront Music Festival - Spend the day on the waterfront! [business.newburyportchamber.org/events/details/newburyport-s-riverfront-music-festival-09-03-2016-28651](#)
- Oct 9th, Fall Harvest Festival - Downtown: [americantowns.com/ma/newburyport/events/newburyports-fall-harvest-festival-2016-10-09](#)
- THROUGHOUT ESSEX COUNTY
- Sept. 16th-18th & Sept. 23rd-25th, Trails & Sails:
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- Explore Essex County’s cultural, historic, and natural sites 150+ FREE events! Enjoy a variety of walks, guided hikes, sails, historical tours, and other adventures that will connect you to the spectacular places, faces, history and heritage that define the Essex National Heritage Area’s 34 cities and towns just North of Boston. The full listing of 150+ events [www.trailsandsails.org](#)



TOM’S SALISBURY NOTEBOOK

HARRINGTON SOFTENS - After years of complaints from residents about the way the Town of Salisbury charges for sewer user fees based on “flat fee” per unit, Town Manager Neil Harrington seems to be coming around on the idea of charging for sewer user fees based on their actual metered water usage instead of hitting all sewer users with bills whether they use the services or not. Harrington has been very stubborn on the issue until recently, when he announced at the Salisbury Beach Citizens for Change meeting that there was some room for movement on his side. If that happens you can credit SBCFC, Tom Saab and Paul Magliocchetti.

BARRIER BEACH - At that same meeting it was revealed that the town was planning on tearing down buildings at the beach center and erecting many 7 or 8 floor condo monstrosity that will block the sun on the beach after 2pm in the summer. A little fact being overlooked here, is that the town is not allowed to build there because of EPA grant restrictions. It probably won’t matter though, as town officials are determined to call for a vote at town meeting and will probably mislead the voters, once again, to do what they want them to do.

WITH CHILD, GREAT TIMING - She hasn’t talked about it publicly that I know of, but State Senator Katy Ives and her hus-

band Jeff are expecting a child right around the time of the election. Ives talked about it on the record with The Valley Patriot during the Salisbury Beach Citizens for Change meeting last month, and revealed... it’s a BOY!

ENDORSEMENT - Salisbury Selectman Chuck Takesian was seen last month at the republican debate for Essex County Sheriff at the American Legion in Methuen. Shortly after the debate started, candidate Anne Manning-Martin thanked Takesian for endorsing her for Sheriff.

GUESS WHO RAN FOR SHERIFF?
In our research for the Essex County Sheriff’s race we came across some information that was pretty interesting. Town Manager Neil Harrington once ran for Sheriff of Essex County. As a side note, no word as to who Harrington is endorsing in that race, but, if I had to put money on it I would say he’s probably with Attorney Ed O’Reilly.

CLASS ACTION? - Atty. D’Agostino says that if anyone wants to attend the upcoming information meeting on the Salisbury sewer betterment class action, email him at [dagostinolaw96@gmail.com](#). Atty. D’Agostino has been approached by Salisbury property owners to “right a wrong” for people who were charged in 1992 over a 20 year period for a “sewer betterment.

PRIVATIZATION: FROM PAGE 9

medical services. He said he believes all corrections officers should be trained as EMTs but admits it will cost a lot of money to do that.
“Money driven medical care should not exist.”
Former DEA agent Paul Russell said that when people are arrested the Sheriffs Department has the ultimate responsibility for their health care, medication, etc.

“I’m not a big fan of contractors or contract help,” he said.
“We have to protect our interests in reference to inmates and [privatization] leaves us open to legal issues. It may be more costly to have in house [medical care] but it will be more effective,” Russell said. William Castro also said he opposed privatization and would hire medical services in house.

HOMELESS: FROM PAGE 6

inmates, they have nowhere to go, they have substance abuse problems and mental health problems, and they have clearly committed crimes and been convicted. So, what can you do to assist us to reintegrate these subjects into society so that they don’t commit crimes, so that you don’t become victims? That’s where it’s extremely important. We work with outside agencies; we cannot take an insular approach. We need to not just be municipal agencies. We need to work with social groups, faith based groups, anybody that can help keep you safe.”
ANNE MANNING MARTIN
“Homelessness is a continued problem, and it is the majority of homeless that have been dually diagnosed with substance abuse issues and mental health issues. Homelessness needs to be identified at the moment of arrest, not necessarily at the moment of incarceration. Police officers know in the community who the homeless are, that should be identified and passed on to the judge, to the treatment providers in the courtroom, so that when and if the individual is sentenced, we already know that person is identified for at-risk for homelessness.”
“The entire period of incarceration should be focused on the criminogenic needs of each individual, which is individualized throughout their incarceration. They should get: mental health treatment programs, recovery needs, educa-

tion, whatever we can get in the six to nine month period, which is the [average] incarceration time for in county facilities. So, you need to do quic3245-=-.74936899999=-.werk and efficient assessment of their needs, have them released into the community with a re-entry plan. And with that re-entry plan, we would need mentors and recovery approaches to provide community supervision.”
“Bed availability for homelessness is absolutely an issue. So, what we need to do is work with the community agencies that provide them well before they are being released. Find out what the bed availability is, and information share. Make sure these individuals do get a bed when bed availability is open. There seems to be an app [computer program for mobile phones] for everything. But, I wonder if there’s an app to share when a bed for the homeless becomes available? And information-share, throughout Essex County, to know as the sheriff’s department we have individuals who are being released, you can [then] punch in the database, you can tell when there’s a bed, and that person can contact that bed.”
“It is about information sharing, working with local law enforcement, provide follow up supervisions. Those with mental health and substance abuse issues reoffend at a higher rate than those that don’t.”

PUNCHARD: FROM PAGE 5

file at The Center, updated annually. Bring binoculars, water and wear sturdy shoes or hiking boots, bug spray, and walking stick. All hikes meet at The Center at Punchard at 9am. Subject to change due to weather and conditions. Please pre-register and come inside to swipe in before going.
Trip: Pickity Place, Mason, NH
Friday, September 30, 9am. to 3:30pm. \$46 includes 5-course gourmet lunch.
We’ll step back in time to visit this quaint little red cottage at the end of a dirt road on top of a hill. This enchanting cottage from 1786 was chosen by Elizabeth Orton Jones as the model for her illustrations of Little Red Riding Hood. Today it is a mecca for gardeners, food lovers and anyone looking for inspiration and relaxation. Of course they have a gift shop for inspired shoppers. During our scenic ride we’ll hope to enjoy foliage along with a stop at the Hobart Antique Mall.

Monday Movie Matinee -Free movies on Mondays at 1pm. Popcorn and sodas available for purchase.
September 12th: “1776” Fabulous musical about the declaration of Independence.
September 19th: “Everest” 3D Based on a true-life tale of death and survival on the world’s tallest mountain.
September 26th: “Revenant”, Leonardo DiCaprio thriller set in 1820’s American frontier.
BoomerVenture Screening Room Movies. Free movies on Thursdays at 6:30 pm
September 15th: “The Way” Camino de Santiago.
All semester exercise classes are now in session. For complete listings visit [www.andoverseniorcenter.org](#). Drop by or call us for information at (978)623-8321. All classes are held at the Center at Punchard at 30 Whittier Court and are open to entire community as space allows.

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**~Mike Gagliardi,
Local 175 Laborers’ Union of North America**

An Answer to Some Critics of the Expanded Use of NARCAN

Rep. Linda Dean Campbell
MASSACHUSETTS STATE REPRESENTATIVE

During the Civil War, Abraham Lincoln explained his reluctance to impose capital punishment upon homesick soldiers that deserted or upon young men who bolted from their posts and “ran like hell” when being fired upon for the first time. Quite simply, he said, “It is simply too final a solution for wrongful but very understandable human behavior.” In other words, the expected capital punishment in such instances was a human waste that accomplished nothing good.

On Friday, August 18th, while exiting a local business, I found my car was blocked by emergency vehicles, primarily a Methuen ambulance and fire truck, and a Methuen police vehicle. These first responders were there to answer a call of a drug overdose and possible vandalism.

Firefighters pulled a young man from a car and laid him down on the pavement to provide him with every possible lifesaving treatment available. To those of us watching, he appeared to be dead – until - Methuen Firefighters administered NARCAN and essentially brought him away from the grave. Two other young men (about the ages of my son) were also incapacitated by drugs, and were then offered medical care. One elected to be taken to a local hospital following answering questions. The compassion and humanity presented by our first responders could only be described as magnificent.

There were some present who wanted to just, “let him die”, very frustrated with the recurrence of vandalism and the prospect

that these young men may overdose again soon. The problem with that, as Abraham Lincoln noted, was that it is too final and wasteful a solution for the problem. As about half of our opiate addicts got their start on mal-prescribed or overly prescribed medicine, it is very wrong to automatically ascribe these young men’s problems to a deficiency of character. Also, mistakes made by teenagers and young adults who feel themselves immortal, that illicitly “try out” the most addictive substances known to man, should not cost them their lives, or prevent them from later having a life either.

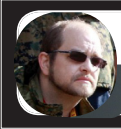
The fact of the matter remains that while we in the Legislature have increased funding over 60% since the start of this crisis and Governor Baker is fully committed to doing all that he can, far too many parents in this region have lost children while desperately trying to get them into a treatment program.

As long as we in government and law enforcement do not accept this tragedy as the new normal, and make the financial and human sacrifices necessary to fight this crisis, we will prevail. As individuals, in order to summon and sustain our compassion and resolve, we must constantly envision addiction happening to ourselves and someone we love. NARCAN is not an answer, but, where there is still life in an addicted person, there is still hope.

Representative Campbell, 15th Essex, serves as the Vice Chair of the Committee on Public Safety and Homeland Security, and on the Committee on Ways and Means. She filed legislation adopted that facilitates cost savings for the bulk purchase of NARCAN.

My Thoughts on the Essex County Sheriff’s Race

The most important race on the September 8th primary election ballot



Paying Attention!
WITH TOM DUGGAN

passionate Jerry Robito is about the Essex County Sheriff’s

is the Essex County Sheriff’s race. The Sheriff is elected for six years and makes about \$150,000. He runs all jails and prisons in Essex County and oversees probation, drug and alcohol programs, and decides who goes home early and who does not.

There are six candidates running for the Democratic party’s nomination, five candidates running for the Republican nomination, and two Independents who will not be on the primary ballot but will appear on the final ballot November 8th. That’s 13 candidates.

Here are my thoughts on some of the candidates and the exchanges that took place during our two debates last month.

During the Democratic Party debate, Lynn Police Chief Kevin Coppinger revealed for the first time that he would take his pension with the City of Lynn, as well as the salary that comes with the sheriff’s job. He was immediately attacked by Attorney Ed O’Reilly and two other candidates.

I have to admit that I agree with Chief Coppinger, who explained that he paid into the pension system for more than 39 years as a police officer and that it’s his money. He deserves to collect it. I might also add that it doesn’t cost the taxpayers an extra dime. Whether Coppinger is elected or not, he will still collect his \$150,000 pension from Lynn, and the taxpayers will still be paying the \$150,000 salary to whoever wins the race. In my view, this issue was a red herring.

Also of note was how well informed and

Department. Robito not only knows the department and all of its functions (inside and out), but several times during the debate he presented a good case that dangerous prisoners were being put at the CAC (pre-release facility in Lawrence), that there is a \$75,000 car sitting in a garage that is exclusively used for parades, and that employees of private contractors working at the prisons were sleeping with inmates.

While most candidates talk a good game about waste and abuse, Robito presented details of actual waste and abuse. On several occasions he was challenged by Michael Marks, the superintendent of the Middleton jail, and Robito came back with facts and figures to back up his claims. This is something you don’t normally see with candidates for public office.

For his part, Michael Marks’ performance at the debate was stellar. He railed against the legislature for underfunding the Sheriff’s department by \$20M. He also defended some of the practices of the Sheriff’s Department convincingly, and even corrected me on the law regarding pretrial detainees being held at the CAC. I’m not often wrong, but when someone can show me that I am, I tend to have more respect for them as I did that night with Mr. Marks. What he’s not right about, however, is that holding pretrial detainees at the farm without segregating them during the day is a-ok. While I agree that pretrial prisoners should be afforded time at “the farm”, not having them segregated with a fence

CASTRO: FROM PAGE 9

was photo-shopped from the original photo Russell posted.

“We were told by the owner of the Claddagh Pub that anyone who put signs on their property without permission would be taken down. They took down the signs and put them in a dumpster. I was letting all the candidates know on Facebook that illegally posting signs on private property would end up like this.”

“How he goes from that, to accusing me of damaging and stealing his signs is beyond me. He has no proof, he has no evidence, in fact his video evidence does not show me stealing or damaging signs, and I am using his video as my defense, in court,” Russell says.

“But this isn’t the first time he has made a false accusation against me to try and hurt my candidate, Mr. Robito.”

“Last week, he posted on Facebook that I had been arrested for stealing signs in the past.”

“He even posted my picture with an arrest record that belonged to someone else. And when he was informed that the Richard Russell who was arrested was not me, lives at a different address, and drives a BMW, which I do not drive, he still refused to take it down. He’s trying to get votes by slandering my reputation and slandering my candidate. He can’t get votes on his own, so he is trying to hurt my candidate just days before an election.”

Candidate William Castro did not respond to requests for a quote for this story.

EDITORS NOTE: Richard Russell is a volunteer photographer for The Valley Patriot.

FACILITY: FROM PAGE 8

bracelet program if we want to. That is an option and that should be explored. You will free up 40-48 beds at the pre-release center. But, that’s not what this is all about. We don’t have the funding from the state, we don’t have the resources or the money that we should be getting. There is no parity there. Everyone points at the state. Everyone points at us. But, we have the highest inmate population than any other county in the state, and we are the lowest funded per-inmate in the state. But, yet we have the best economy than any state in the country, and we have a lower crime rate than we ever had. So, why is

this happening to us?”

“We need the help. If other counties don’t have the amount of inmates that we have, and they are getting the same amount of funding that they’ve always been getting, and we are getting less funding than we have been getting?”

“We just don’t have the bed space to take on all of these mentally ill individuals. Yes, the sheriff had to put a detox in. This county has the worst problem in the state. If we don’t do something who’s going to? So, yes we need those beds for the detox and we need more mental health staffing.”

Councilor Almonte Resigns, Announces Run for Mayor in 2017

Embattled Lawrence City Councilor Sandy Almonte, who represents the District “A” Prospect Hill neighborhood, has resigned from her position just one month after being arrested for assault and resisting arrest in Nashua, NH.

Almonte will be arraigned in Nashua, district court on September 9th.

The City Council has scheduled a special meeting on Thursday to accept her resignation.

They will then have the option to appoint a replacement, call for a special election, or leave the seat vacant until the next election (Nov, 2017).

Almonte, was elected in 2009 with the Lantigua administration.

Almonte said in an exclusive interview with The Valley Patriot on Tuesday, that her resignation has nothing at all to do with her arrest, stating that when people find out the real details of her case, they will see what was reported in the daily paper was not entirely accurate.

Almonte was in court Tuesday, where a District Court Judge in Nashua dismissed a stalking claim against her by her boyfriend’s date.

Almonte is charged with assaulting her outside a nightclub last month.

She said one of her problems leading to her resignation is that she cannot find an apartment in her district and that she is “essentially homeless”. She says she is staying with her brother in the district, and that being on the council means she cannot touch her retirement money in a time



of financial hardship.

“I’m resigning due to the fact that I am in certain dire need of personal time after eight years on the council, and there being so much difficulty in the city, but, I want to make it very clear, my resignation has nothing at all to do with my arrest. Nothing.”

Almonte said that her greatest frustration sitting on the council in the last eight years, is that most of her fellow councilors were “puppets for the administration”, adding that the person who replaces her, and perhaps other councilors, will be hand-picked by Mayor Dan Rivera and his

ALMONTE: PAGE 24

KATHY'S LAWRENCE NOTEBOOK

Kathy Runge
LAWRENCE COLUMNIST

The City Council needs an official summer schedule. I said this last month but it's so important I have to say it again. Both the councilors and public deserve to know when the council will meet during July and August. How's a responsible councilor supposed to plan their summer vacation? The same thing for the committee meetings. It shouldn't be a question as to when they are held, the only question should be whether there is any business for them to consider or not; if not, then cancel the meeting. Otherwise have it on a regular schedule.

That being said, if you want to be a city councilor you shouldn't take month long vacations. You need to be here for the city. Councilor at Large DePena missed the July and August council meetings. He did manage to show up at the special meeting in between these, held to accept Councilor Almonte's resignation.

District E Councilor Dave Abdoo gets kudos for driving back from his vacation at the beach to attend the August meeting.

Way to go!

It was good to see Councilor at Large Nilka Alvarez Rodriguez at that meeting. She looked great, much better than she did this past spring. I hope her good health continues. We need all nine councilors.

We have a new District A Councilor, Myra Ortiz, who ran for the office in 2015 and accepted the position after Councilor Almonte resigned last month. Welcome, Myra!

At the August meeting there were many speakers complaining about the prevalence of drug use in the streets and parks of the city and how it negatively impacts their lives. They were speaking in support of an ordinance outlawing the use and sale of synthetic marijuana, which passed.

Lawrence has many wonderful events, including Ciclovía, and a Jazz Festival last month. But these feel good events really don't count for much if the music is obnoxiously loud. You probably don't care about them if there's a gang hangout next door to you or the alleyway behind your house is

LAWRENCE: PAGE 28

Methuen Schools Receive Nat'l Recognition

D.J. Deeb
METHUEN SCHOOL COMMITTEE

It is hard to believe that summer is over. It went by quick as it always does. I am pleased to report that many great things are happening in Methuen schools this coming year.

Starting in late August, both the hockey rink and field house roofs are being replaced. These projects were priority items in the 5-Year Capital Improvement Plan that the School Committee prepared this past year and the City has announced that these repairs will begin immediately. The funding for these projects is coming from savings that the City has realized through the Amaresco energy efficiency project.

It is worth noting that the new Methuen High School was featured on the cover of School Planning & Management magazine in June 2016 for being a building rooted in student-centered design. This is a national publication that has recognized our City for "Transforming Educational Space for the 21st-Century Student." As the magazine itself stated, "There is a direct correlation between the physical environment and student achievement, and this is a critical component of schools serving as the foundation for educational success." The article concluded, "Transforming Methuen High School from a 1970's open-classroom plan to a forward-thinking, flexible learning environment, all within the shell of the existing building has greatly benefitted the students, administration and community, and will continue to do so for decades to

come." As I have written previously, we need to keep in mind that our property values are largely determined by the conditions of our schools. We want Methuen to continue to be a community that young families desire to live in and move into.

On another note, I would like to congratulate members of the Methuen City Counsel who voted to support Rick D'Agostino as Interim City Solicitor. Rick is a former Lawrence Alderman and assistant city attorney. He is a friend of the Valley Patriot and a personal friend of mine. Rick will work hard for the City of Methuen and I am confident that he will save the taxpayers money after the fiasco of the past few years caused by using the Boston-firm Kopelman and Paige, P.C. It is always fiscally responsible to have a solicitor on staff as the City will pay a fixed rate for services.

I wish the students, teachers, administrators, and support staff a productive and successful 2016-2017 school year. That's all for now. My column this month is short and sweet. I am still enjoying the last few weeks of summer as I am sure that many of you are as well. More next month.

D.J. Deeb is a Methuen resident and member of the Methuen School Committee. Deeb is an Adjunct Professor of History/Government at Bunker Hill Community College and an Adjunct Political Science Instructor at the University of Massachusetts Lowell. He is the author of Israel, Palestine, and the Quest for Middle East Peace (University Press, 2013) and The Collapse of Middle East Peace (IUniverse, 2003).

IN YOUR CORNER WITH SENATOR KATY IVES

High Court Ruling Is A Win for Ratepayers

Kathleen O'Connor Ives
MASSACHUSETTS STATE SENATOR

In August, the Massachusetts Supreme Judicial Court made an important ruling, determining it to be unlawful for electric distribution companies to pass along to ratepayers the costs associated with the construction of new, privately-owned natural gas pipelines, through what some have referred to as a "pipeline tax." This ruling is a victory for ratepayers and for Massachusetts' renewable energy future.

The Merrimack Valley is no stranger to the threat of natural gas pipeline construction. Kinder Morgan had planned to construct 177 miles of new pipeline from Wright, New York to Dracut, Massachusetts, including a seven-mile stretch of pipeline which would have cut through the City of Methuen. The company announced they were suspending the project in April after months of steady opposition from local communities that would have been negatively impacted by the pipeline.

This was welcomed news because the project would have compromised public safety, sensitive environmental areas, and private property rights. If the Kinder

Morgan pipeline project had proceeded, the company would have drilled right under the Merrimack River. The construction period and permanent placement of high-pressure gas pipeline would have subjected residents to fire risks where the emergency response burdens would have fallen solely on our local, municipal first responders. And, Kinder Morgan was preparing to enter residents' properties against their wishes in order to survey land, store equipment and conduct construction on private property, claiming that such private property use was necessary for the project's completion.

Another important factor in the public's strong opposition to the project was the obscured fact that Kinder Morgan expected ratepayers to pay for the construction of the pipeline through surcharges on ratepayers' electric bills, even if they were not natural gas customers. I voted in favor of an amendment to the Senate's comprehensive energy legislation, which would have prohibited such surcharges. That provision, however, was ultimately not included in the final legislation.

ENERGY: PAGE 26

Rt 110 Convenience Sells \$2.5M Scratch Winner, 8th Time They've Sold \$1M+ Winner

Hasmukh Vora and his family, owners of Rt. 110 Convenience Store in Methuen has sold another multi-million scratch ticket winner this month making it the 8th time they have sold a \$1M+ winner.

Vora sold a \$2.5 Million dollar winner on Saturday, August 6th, during their 11th year celebration at the store, where they had a BBQ with free hot dogs and free giveaways.

"We wanted to thank our customers for their support, but had no idea we would also sell \$2.5 Million Dollar winning ticket during the event as well," said Hem Vora, Hasmukh's son.

"Our customers for the last 9 years have been very lucky, and as a result the amount of big winners we have sold is just unbelievable."

"Since 2007 there is no other lottery store in the state that has sold more jackpot prizes than our store."

Since September of 2007, customers of

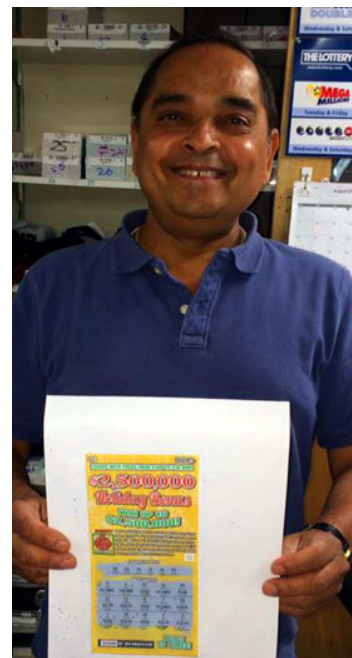
Rt. 110 Convenience Store have won eight jackpot top prizes, below are the details:

Scratch Ticket winners for \$1M (2007)
Scratch Ticket winners for \$1M (2007)
Scratch Ticket winners for \$1M (2011)
Scratch Ticket winners for \$1M (2011)
Scratch Ticket winners for \$1M (2013)
Top prize Mass cash Winners (2013)
Top prize Mass cash Winners (2016)
Scratch Ticket winners sold for \$2.5M (2016)

Vora said that there are many stores that are

unable to sell even one jackpot prize.

"We have been blessed to be able to change the lives of eight of our lucky customers by selling them jackpot prizes in only the last nine years."



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TOM DUGGAN'S NOTEBOOK

LAWRENCE POLICE HAVE QUOTA
The Valley Patriot has learned that the Lawrence police now have a quota. Each cruiser is “unofficially” ordered to pull over at least ten motor vehicles per shift. It’s bad enough the Comstat numbers are all wrong but now we are told there’s a ten stop per shift rule. People are paying attention!

JAJUGA JR. REFUSES PLEDGE TO SUPPORT REPUBLICANS – During the republican debate for Essex County Sheriff in Methuen last month, each of the candidates were asked if they would support their party’s nominee if they don’t win the THURSDAY, Sept. 8th primary. All of the candidates said they would except recently registered republican Jim Jajuga. He used up a lot of time answering the question instead of just saying “no”. Republicans in Essex County should take note of that. While people like Anne Manning Martin have spent a couple of decades supporting other republican candidates across the state, Johnny come lately Jajuga can’t even pledge to support the nominee of his new party. He did add that if the nominee was Jeff Gallo he would support him. So, what you have here is a republican candidate asking republican voters to let him represent their party, but leaving open the option to support a DEMOCRAT in the final election if he is not the anointed candidate in the fall. Hey, at least it’s better than him lying and saying he will support the nominee of the party and then not doing it, like republican liars: John Kasich, Jeb Bush, Ted Cruz, and Carly Fiorina.

LAWRENCE OFFICIALS IN DENIAL, CREATE FAKE NARRATIVE – Maine Governor LePage publicly lamented last month that much of, if not most of, the drugs pouring into his state are coming from Lawrence and Lowell. This kicked off a frenzy of among certain Lawrence officials who immediately tried to twist what LePage said so they could take a defensible position and look like heroes to those who live in the city. NEWSFLASH to Mayor Rivera and other Lawrence Officials, LePage is right. The drug trade in Lawrence is so central to national drug trafficking that National Geographic did a two hour documentary on how the drugs come into the country, go directly to Lawrence for packaging and distribution, and are then shipped to states like NH, Maine, New York etc. Everything else is just posturing by Lawrence officials who do not want to deal with the very hard facts that, YES



Valley Patriot Celebrity News Spotter Joanne Sambataro ran into our good friend Peter Ducey of Fox News at a recent Trump Rally in New Hampshire.

these drug dealers are Black and Latino and YES the majority of Drugs in New England are coming through the distribution centers of Lawrence. As long as officials try to white wash (pun intended) what the real problem is, it will never be effectively solved. I might add, that if people keep messing around with the COMSTAT Crime stats in Lawrence, the problem is actually going to get worse no matter how good everyone looks in the daily paper.

DIZOGLIO vs JONES - There are very few primary battles on the September 8th ballot, but one of them is the fight for the Democratic Party nomination for the 14th Essex District State Representative’s race. Diana Dizoglio is seeking her third term in the legislature while this is the first time Phyllis Jones has run for political office. Jones has complained that DiZoglio will not debate her on the issues. For her part, DiZoglio said that she would not debate her primary opponent and is running a grass-roots campaign of knocking on doors.

KATRY IVES vsWHO IS THAT LADY?
State Senator Katy Ives also has a primary opponent but I would be hard pressed to tell you who she is running against as her opponent has never once reached out to The Valley Patriot with a phone call or email, press release or interview request. I say, if a candidate wants to win, they ought to be contacting the press and getting the word out about their candidacy. When they don’t do that, they have zero chance of winning.

LAWRENCE CULTURAL COUNCIL - Informational Session on Sept. 22nd from 6PM – 8PM at the Lawrence Heritage State Park,
1 Jackson Street Lawrence, MA, 3rd

floor, learn how to complete online application from FY 2017, grant deadline October 17th. Lawrence Cultural Council, PO Box 326, Lawrence, MA 01840. (978) 620-3950 or email Lawrenceculturalcouncil@gmail.com

METHUEN VILLAGE CASINO NIGHT – Thurs. Oct 6th from 5-9 PM, play your casino game of choice, enjoy refreshments and hors d’oeuvres, and support a worthy cause with friends and colleagues. Proceeds will benefit the Alzheimer’s Association

JENNIFER CARLAND EXHIBIT AT MANDARIN ASIAN BISTRO - Artist Reception: Sunday, Oct. 2, 4-6 PM. Exhibit Runs: Sept. 2 - Oct. 31, 2016. Middlesex Community College adjunct professor and community arts organizer, Mary Hart, is pleased to announce an exhibition of art, Jennifer Carland, on view from Sept. 2 through Oct. 31, 2016, at downtown Lowell’s Mandarin Asian Bistro. Jennifer Carland creates abstract drawings of street maps that explore the psychological connection between personal identity and location. Carland believes that people love to talk about where they grew up, where they have lived and visited. Her maps are created as an illustration of one’s personalized story rather than a simple way finding tool. Mandarin Asian Bistro, a Chinese food and Sushi restaurant, is located at 24 Market Street in downtown Lowell.

HOMELAND HEROES FOUNDATION GOLF TOURNAMENT TO BENEFIT VETERANS at the Merrimack Valley Golf Club at
210 Howe St. in T- Time is 1pm. Registration begins at noon. [GO TO THIS LINK](#)



FREDDIE SAYS

“Election day is THUR. Sept. 8th. If you don’t vote, I don’t want to hear you whining later about how things are!”

Freddie also Says
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TO REGISTER AND PAY: tournevents.com/_tournament/?event=soldiersnew. Homeland Heroes Foundation: www.homelandheroesfoundation.org.

GREAT STONE DAM CLASSIC CANOE RACE - The 7th annual Great Stone Dam Classic Canoe, Kayak and SUP race will be held at 11 AM on Sunday, September 11th at the Abe Bashara Boathouse, 1 Eaton St., Lawrence. The Great Stone Dam Classic is one of the largest flatwater races in New England. Last year’s race drew nearly 100 paddlers from all over the Northeast, including New England and National Champions. Three great courses make racing on the Merrimack River accessible to everyone from veteran paddlers to weekend warriors and kids: • 8.6-mile, two-loop racing course, • 3.5-mile recreational course, and a • 1k kids race.

All boat classes and paddlers are welcome, including SUP (Stand-Up Paddleboard) paddlers. New this year, we’ve added a C-4 (four-paddler canoe) class for the Racing Course (8.6-mile). Top finishers will receive engraved medals, plus there will be goodies for all. After the race com-

NOTEBOOK: NEXT PAGE



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petitors are invited to enjoy a cookout – included in the registration fee – overlooking the Merrimack River. All proceeds benefit the Greater Lawrence Community Boating Program (GLCBP), an organization providing safe, affordable boating opportunities to all residents of the Merrimack Valley. GLCBP has taught thousands of kids and adults to sail, row, canoe and kayak over the last 30 years.

Bring a donation for Lazarus House and receive a \$5 discount on registration. Registration runs from 9:30AM to 10:45AM. Adults, if you bring a small bag of non-perishable food to benefit the Lazarus House Food Pantry, you'll get \$5 off your registration. Fees are: • \$20 for adults; reduced to \$15 with donation. (\$5 cookout for non-paddlers), • \$5 for kids 16 and under. The Abe Bashara Boathouse has a number of canoes, kayaks, paddles and PFDs available for FREE use by race participants who don't have their own gear. Come early, as the number of FREE boats is limited. For additional information about our race, including direction and photos from prior years, please visit the race website at www.greatstonedam.com.

2016 KINETIC SCULPTURE RACE TO TAKE PLACE IN LOWELL, SEPT 24th.

Lowell, Massachusetts will host the first Kinetic Sculpture Race to take place in Massachusetts on Saturday, September 24 th. Sitting squarely at the crossroads of science, technology, engineering, art and mathematics, the Kinetic Sculpture Race, sometimes referred to as the Triathlon of the Art World, is comprised of home-engineered kinetic sculptures, all-terrain, human-powered vehicles with an artistic twist. Over the course of a day they tackle mud, sand, water, gravel and pavement. Each kinetic team has a theme and consists of pilots, pit crew and support crew. Kinetic pilots pedal the sculpture and steer while the pit crews assist the pilots in transforming the vehicle for the various elements and fixing mechanical issues. While there is an award for the fastest time to complete the course, the goal of the race is to create an enjoyable, family friendly racing spectacle for people of all ages and backgrounds.

Day-long events include viewing the race at the various obstacle locations around Lowell, interacting with competitors and officials, and enjoying a fun, family friendly atmosphere against a backdrop of whimsical racing machines. From 9-10:30AM on race day, fans and spectators alike can head down to Market Street to meet the racers and view the wacky sculptures. The opening ceremonies will take place at the intersection of Market and Middle Streets with a rousing kickoff at 10:30AM, followed by the start of the race. These engineering feats will be racing through the streets of Lowell, going down the 'Bone-Shaker Alley' of Middle Street to the Maddening Mud Pit at the Tsongas Center then off to brave the waters of the Merrimack River at the DCR Lowell Heritage State Park where they will emerge to race back to the finish line on Market Street. The entire Kinetic

Sculpture race-course is open to the public, free of charge.

PSYCHOLOGICAL CENTER'S OVERCOMING OBSTACLES GALA HONORING CHARLIE MANZI will take place October 14th, at 7pm, hosted by Salvatore' Event and Conference Center at 354 Merrimack St. in Lawrence. Live Auction *Food *Silent Auction *Entertainment *and a surprise or two! The Psychological Center in Lawrence, MA is committed to serving individuals who are homeless or living with substance or alcohol addiction, mental health issues by providing structured and comprehensive environments that offer hope while empowering individuals to achieve recovery with respect and without stigma. Tickets are \$50 via eventbrite.com/e/the-psychological-centers-overcoming-obstacles-gala-tickets-27178550777

Or Contact Kelly Townsend, Director of Corporate and Community Engagement, 978-697-5532 or kelly.townsend@psychologicalcenter.com www.psychologicalcenter.org. Sponsorship Opportunities are available.

NEWBURYPORT HARBOR LIGHT AT PLUM ISLAND POINT will be open on the following Sundays, weather permitting: Sept 11th, and Sept 25th. Tours are from 1 to 4PM. There is a short ladder at the top and sneakers are required. Children must be 42" tall and 5 years old. Parking and admission are free but donations are accepted and appreciated.

WALK'N MASS VOLKSSPORT CLUB SAT., OCT. 1ST – The Walk 'n Mass Volkssport Club invites walkers to complete a 5 km or 10 km (3.1 or 6.2 mile) route in Lowell, Mass. This is a walk-at-your-own pace, just-for-fun event "in your own backyard." This event is being hosted by the Lowell National Historical Park in celebration of its 100th birthday of the National Parks Service. For more information on Lowell National Historical Park, please visit www.nps.gov/lowell.

The start point is the Boott Cotton Mills Museum, 110 John Street, Lowell, Mass. Registration for the 5km and 10 km is 9:00 a.m. - 12:00 p.m. This walk is free to the public and donations are accepted. Fee for those participating in the AVA/IVV achievement program is \$3.00.

The 5 and 10 km walks start together and take in the scenery of the river, canal system, and mill complexes. Signs explain the stories of Lowell's many landscapes as walkers continue to Kerouac Park, honoring a local literary great and panoramic views of the storied "Mile of Mills". The 5km and 10km routes crisscross the river before splitting. After the split the 10km walkers will follow the scenic Northern Canal Walkway through the Acre neighborhood along four different canals. The 5km branch goes to the Northern Canal, through the old Little Canada neighborhood to the Riverwalk.

Both routes are mostly on paved surfaces, with two very short, well-maintained gravel trails. Conditions are doable for

NOTEBOOK: PAGE 22

“Democracy and socialism have nothing in common but one word: equality. But notice the difference: while democracy seeks equality in liberty, socialism seeks equality in restraint and servitude.”

~ Alexis de Tocqueville

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Marcos Devers

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John MacDonald, (middle) from Veterans Assisting Veterans presented more than 40 free tickets to Roland Cartier (far left) for the upcoming concert to benefit Vietnam Veterans. The tickets are for the Helping Hand Veterans Fund as well as employees and residents of the Crescent House in Lowell. The concert is scheduled for September 17th at the Lowell Memorial Auditorium featuring member of several classic rock bands like Foghat, the J. Giles Band and more. For Tickets Call (866) 722-8881.



Newly sworn in Lawrence City Councilor Myra Ortiz, a member of the Valley Patriot family, in city council chambers with her copy of The Valley Patriot. Ortiz replaced District "A" Councilor Sandy Almonte who resigned after being arrested last month in Nashua NH.



Christine Morabito, a psychiatric nurse and columnist in The Valley Patriot, was one of the moderators at our Democratic Candidate Debate for Sheriff. She is here with Independent candidate for Essex County Sheriff, Kevin Leach, holding his copy of The Valley Patriot.



13-year-old Hunter Pietrowski is battling cancer and was on the sidelines at Bank of America Stadium in North Carolina when the New England Patriots were getting ready to battle with the Carolina Panthers, when all of a sudden the former Lawrence resident was approached by quarterback Tom Brady who came over and shook his hand. Hunter moved from Lawrence, Massachusetts to Wake Forest, N.C. in 2014. Hunter and his family remained Patriot's fans and joined up with other Patriot's fans in North Carolina, where Toddy King, originally from Dracut heard about Hunter's undying loyalty to the team he and a group of other Pat's fans arranged for Hunter to go the game and actually got him a field pass to she could watch from the sidelines as the team was practicing before the game. Hunter's mom Tiffany Pietrowski is an avid reader of The Valley Patriot (she reads it on line every month) and was thrilled that her son was able to fulfill a dream of meeting his hero.



Dear Neighbor,

Hello! I'm Mike Marks, and I'm running to be your next Essex County Sheriff. Born and raised in Lynn, I've dedicated my life to serving and protecting my community. Now, I'm asking for your vote on Thursday, September 8 to continue doing that job.

I began my career in the Essex County Sheriff's Office nearly thirty years ago and worked my way up from Corrections Officer to Superintendent of the Essex County Correctional Facility, the position I've held since 2003. Today, I supervise 450 employees, oversee 2,000 offenders, and manage a multimillion-dollar budget.

With the breadth and depth of experience needed to serve as Sheriff, I'm ready to hit the ground running on Day 1. I hope I can count on your support!

Sincerely,
Mike Marks

Michael MARKS
FOR ESSEX COUNTY SHERIFF

PRIORITIES & POLICIES
**Check out Mike's website for each of these priorities*

- Public Safety and Health: Mutual Aid and Continuing Community Partnerships
- Opportunities for Female Inmates: Equality in Services
- Officer Health and Wellbeing: Supporting Every Employee Through an Open-Door Policy
- Reintegration, Release, and Reducing Recidivism: Community Engagement and Addressing Addiction and Mental Illness
- Budget Management: Cutting the Bureaucracy and Staffing for Safety
- Improving Inmate Services: Detox Services and the "Step-Down for Success" Program

VOTE MICHAEL MARKS
DEMOCRAT ESSEX COUNTY SHERIFF
THURSDAY SEPTEMBER 8, 2016

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Adeline Bellanti of Londonderry, NH, reading her copy of The Valley Patriot last month. Adeline is the daughter of Rick Bellanti of Belle Aire Music Productions, the official DJ of The Valley Patriot BASH!



PHOTO: Major Romano, Rich Guilmette (French Social Club Board of Directors -Secretary) and members of LHS JROTC.

Born more than 100 years ago in Lawrence, the French Social and Naturalization Club recently closed its doors for the last time. But members made sure the club would continue to be a powerful presence in the city for years and decades to come, and the Lawrence Public Schools are grateful for it. The Club recently presented a pair of \$10,000 gifts to the Lawrence High School Alumni Association and the Lawrence High JROTC program. The money will fund a decade of annual \$1,000 scholarships for a Lawrence High senior and graduating JROTC member. “This money will go directly to students who can use it to help succeed in college,” said LHS Assistant Headmaster Tim Finn. “For the French Social Club to donate this money as it closed its doors shows how much they care about this city and the people in it, especially our young people.” Lawrence schools were among a number of fortunate recipients selected by club members. “We selected a number of organizations, almost all in Lawrence,” said Club Trustee Roger Marquis, citing children and veterans as priorities. “The number one thing we wanted to do was education.”

*I ask for **YOUR Vote** on Thursday, Sep 8
and on Tuesday, Nov 8*



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Hitting Your Weight Loss Plateau

Rick Bellanti
VALLEY PATRIOT EXERCISE GURU

We’ve all been there - you’re orking hard eating responsibly and exercising and losing weight and then just when you’re feeling happy with your progress your scale decides to stop responding to all your hard work. I know as I have hit this issue twice already while on my journey to lose 241 pounds. This is called hitting a plateau and is very common and is to be expected as you lose weight. Our bodies are generally resistant to changes and weight loss tends to slow down the more weight you lose.

I recommend not weighing yourself on a daily basis. I know some of my friends weigh themselves throughout the day (multiple times). That would drive me to have crazy mood swings because if I saw the scale moving in the right direction (weight loss), I would be in a happy mood, but if it went to the dark side and showed weight gain, I would be in a bad mood.

I no longer let the scale dictate my moods. I weigh myself once a month and here’s why; weight loss plateaus can happen for a number of reasons even if you are following your strict plan and going to the gym and working out with your friends on a regular basis. You could be putting on lean muscle while burning your fat and contradicting what the scale says; also if you are drinking the recommended water (half your body weight in ounces) per day, the scale does not know the difference.

Check your workout routine and if you do the same exercises over and over again your body becomes accustomed to it so you need to mix it up a bit and try different activities and workouts. If you want to constantly see progress you need to change up your program on a regular basis. For example, instead of the same spin class every few days, mix it up and sign up for a Zumba dance class instead. If you like your routines then just try altering them a bit, change the reps, your tempo, even the amount of sets will help. Just remember, the more you do something, the better you will get at it, and as your body becomes better atperforming your workouts, the fewer calories it will burn.

With the more weight you lose it actually takes less calories to move your body, so a loss of weight will lead to less energy requirement, so bump up those healthy calories and eat more. Sounds crazy right? If you are working out that means you are burning more calories. If your body does not have enough calories it will go into a starvation mode and hold onto your fat storage making it harder to see the scale move down.

Be careful when increasing your calorie

intake as sometimes people will over speculate the amount of working out they are doing and start taking in too many calories and start contradicting the workout.

Check your daily log of food intake and make sure you are eating enough calories to make up for the ones being burned during exercising.

Muscle burns fat... if you start losing muscle you will be burning less calories, so build lean muscle! Cardio work at the gym helps for the short term but building lean muscle seems to be the better choice. You do not need to bulk up, but keep in mind again muscle burns that fat, so build lean muscle and you’ll lose the fat storage more efficiently.

Nutrition is the main key, so making sure you are not eating too much calories and also eating enough calories, it’s a tricky game, but once you understand it, it will all come together. Keeping a daily food log and a workout log is a must and I highly recommend both. If you are just working out your body will want more food to fuel it and that’s where people will tend to over-eat thus making the plateau inevitable.

Also, do not over-train your body; make sure you take the proper days to rest and recover your body in between your routines. Even if you take a day or two off to recover, you can take walks or do yoga, swimming etc... variety is the key to success.

What has helped me in the past and even now is rest and let the body recuperate, then when I come back to my routines I change them up a bit. I keep a log of my daily activities as well as my calorie intake.

On heavier exercising days I up my calories accordingly. I make sure I drink enough water daily and during my plateaus I up the intake even more (especially in the hot summer months). Focus on feeling good and not what the scale reads, and be happy with your progress no matter how big or small. One Day at a Time is a phrase I use so often with my Facebook friends who are reaching out to me. These lifestyle changes are not a short race with a finish line... it’s a lifestyle change for the rest of your life. The sooner you appreciate that and accept it, the better off you will be for years to come.



Rick Bellanti is a wellness columnist and is on a journey himself to lose 240lbs, and has lost 160 lbs since the start of 2015. If you have any questions or comments, please post them to his Getting Healthy with Rick Bellanti Facebook page and once a month he will address a few of the topics here.

The PULSE!

Our Vietnam Veterans Deserve Our Thanks And Here’s How We Can Thank Them

John MacDonald
VALLEY PATRIOT LOWELL COLUMNIST

Frank is a man in his late sixties. Retired now, he walks among us and goes about his daily business just like everyone else. Frank runs errands during the day or works on his full dress Harley Davidson motorcycle. He’s a snowbird now. His hair line has receded, the beard is a little whiter than it used to be and the waistline... well let’s just say it’s not what it was when he was nineteen. Let’s face it, not many of us have the same waistline that we did when we were nineteen.

When Frank was nineteen his waistline was pretty slim as were many of the kids his age. Kids who joined the Army or were drafted, went through boot camp and ran off the baby fat, were handed a rifle and sent to a place called Vietnam. Frank and many others like him arrived with their olive drab utility fatigue shirts and all cotton poplin jungle pants. Frank was also issued one of five types of combat boots, which he wore during his tour in Vietnam. Equipment all designed to take a beating in the humidity and rugged enough to survive the dirt, sweat and blood.

Many men and woman served in the hot jungle of Vietnam between 1955 and 1975. During those twenty years the politics and the country changed. Some would say that the tumultuous times during the Vietnam War nearly ripped the country apart. Frank and his fellow Americans that served went from liking Ike to seeing Tricky Dick leave office in shame. Too many battles, too much blood and too many scares. A country in turmoil, an American public tired of watching the carnage on TV through a body count and graphic nightly news cast and anti-war protesters taking it all out on our soldiers.

Frank and his fellow soldiers were called baby killers. The military advised Frank and his peers to take off their uniforms when they came home. Those who ignored this advice were often spit on or challenged to fights in airports or parking lots. The government did its fair share to make these soldiers and now veterans of the Vietnam War, feel less than human. Our own government challenged the Vietnam Veteran when they claimed exposure to Agent Orange or died horrible deaths. Often paperwork was lost, shuffled or ignored when claims came piling in. Maybe the worst part for Frank and his fellow veterans was the

pure lack of appreciation for having risked their lives for an ungrateful nation.

However, despite all the anguish, despite all the years of ignorance, despite all the sleepless nights, flashbacks and deep seated hurt feelings, the Vietnam Veterans rose above it all. Frank and his fellow veterans watched as Operation Desert Storm unfolded, they activated themselves to duty once more and made sure these new war veterans returned home with pride. The Vietnam Veteran ensured that what had happened to them, was never going to happen to another generation of veterans. Today the Vietnam Veterans reach out to returning soldiers and have fought the VA, trying to make a bureaucracy function properly.

Like Frank, most Vietnam Veterans are in their sixties and seventies. Isn’t it time they be welcomed home? The answer is yes! The answer is that you, the reader, can help welcome our Vietnam Veterans home.

On Saturday night, September 17th at the Lowell Memorial Auditorium there’s going to be a Welcome Home Vietnam Veterans Concert. You... the reader can attend. I hope you feel like you should attend, but wait there is more. Why don’t you buy a ticket for a Vietnam Veteran? Maybe it’s a brother? Maybe it’s a sister? Maybe it’s mom or dad? Or in my case, maybe it’s Uncle Frank. The bottom line is that we should all want to pack the house. This is our opportunity as citizens to help right a wrong. Besides great music, there will be a wonderful ceremony to welcome home our Vietnam Veterans. The organizers, a non-profit called Veterans Assisting Veterans (VAV) have bought some tickets and have given them to a small group of Vietnam Veterans, but the reality is that we need to sell a ton more tickets. The Lowell Memorial Auditorium holds twenty-six hundred people. Let’s try and sell this thing out. The proceeds if any, will go to VAV and then it’s group of volunteers will help more veterans. VAV has donated track wheel chairs to young veterans, helped aging veterans and everyone in between.

So if you can, please go to the concert. I’ll be there. I’ll be there welcoming home Uncle Frank and many other Vietnam Veterans. I really would love to see you there. Our Vietnam Veterans deserve this welcome home and we deserve to heal from our past as a nation.

John MacDonald is the CEO of Big Decisions LLC and hosts Jmac and the Bear and The Pulse on 980WCAP radio.



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IN THE GROOVE with Cindy Annis



LITTLE RICHARD

Well, we hope you enjoyed Bill Haley and His Comets, last month. Let's go with a little harder rock and see about Little Richard. This guy was born in Macon, Georgia with the name Richard Wayne Penniman. He was born on December 5, 1932. He was the 3rd in a line of 12 children born to Leva Mae (Stewart) and Charles (Bud) Penniman. Even though his dad was a church deacon, he sold moonshine at his night club, The Tip In Inn. His mom was a Baptist church goer and religion was very important in the family. Little Richard was originally called lil' Richard because as a child he was rather runty and had a defect from birth where one leg was longer than the other. This defect caused him to move around with a somewhat feminine gate. All 14 of them were very religious and some even became ministers in church. Richard liked the Pentecostal churches the most as he got more out of their music than any other services. He had a loud voice for singing, so much so, that the church service was stopped more than once to ask him to stop singing. He was nicknamed the "War Hawk" because of his loud singing.

Richard went to Hudson High School in Macon where he didn't fair all that well, but he showed great ability in music. He was such a natural on the saxophone, he was put right into the marching band. While in high school he got a job selling Coca-Cola to stars such as Cab Calloway and Sister Rosetta Tharpe that were performing at the Macon City Auditorium. Before the start of one concert, Tharpe heard Richard casually singing a couple of her songs and wanted him to come on stage and sing with her at the start of her show. Her promoter said nothing doing, but when the curtain opened, Richard was singing and the crowd loved him. Tharpe paid him for his performance and this was the start of something great. Richard had just fallen in love with performing, and he would never look back. He began performing with and for just about any group that would come through town. This gave Richard quite the reputation. Because of school and reputation around town and the "rumors" of what went on with the groups he would perform with, his father kicked him out and he went off and joined Dr. Hudson's Medicine show. He performed a very risqué number called "Caldonia." This would be the first "secular R&B number he would learn. R&B was considered the devil's music by his family. He would soon join his first musical group called Buster Brown's Orchestra. This is the group that started calling him Little Richard as a stage name. He also performed with numerous other groups wearing heavy make-up and wearing very flamboyant clothes giving him a new reputation as a drag performer. Richard's very first single was called

"Every Hour," and was recorded under RCA. The song was a hit and so this re-established his relationship with his father, who let Richard perform the song at his night club, regularly. Also around 1951, Richard started learning to play boogie woogie on the piano from teenage musician Esquerita. Around February of 1952, Little Richard left RCA Victor as his records weren't going anywhere. His father was killed outside his night club the same month. There were all kinds of rumors as to why he was killed, from owing loan shark's money, to Little Richard having him killed. We won't go there in this column, though.

Little Richard had a stint with poverty and he went through many small groups and managers. While he was hoping many small recordings would make it, but didn't, he was taking a break at "The Dew Drop Inn" where he would sing this little racy number he used to do years earlier. He improvised an a cappella version of Tutti Frutti. The song was changed up a little by songwriter, Dorothy LaBostrie and it was recorded in September of 1955. Released just a couple months later, the song hit it big! Tutti Frutti climbed to #2 on Billboard's R&B Charts. It also hit Billboards Top 100 Rock & Roll Charts at #17. His very next song would hit #1 on the charts. Long Tall Sally was just what he needed.

These two hits were just the beginning of a very long list of hits Little Richard has. Little Richard also had a wife. He met Ernestine Campbell at a religious rally in 1957, and by 1959, they were married. In 1962, they had adopted a one-year-old boy. By 1963, the couple had divorced citing career and publicity of Little Richard was more than Ernestine could handle. He does, however, still have a good relationship with his son, Danny Jones. Danny sometimes works for him at different levels.

Of course with the kind of early career Little Richard had, there were all kinds of talk about him being gay, having drinking and drug problems, but the talk about trying to get out of all that was also there. He wanted to find religion, again. He went to school for Theology, and he was a preacher. Needless to say, he had a crazy up and down life. There were plenty of accolades to go along with this life. Of course, in 1956 he earned the Cashbox Triple Crown for Long Tall Sally. He got into the Georgia Music Hall of Fame. He got into The Rock & Roll Hall of Fame, and I could go on for chapters and chapters of the awards he received and the humanitarian work and generosity of Richard, but I think we will quit it right here. Hope that works for you.

Tune into Cindy's Vinyl Vault every Sunday at 10pm, Monday at 11pm, and Wednesday at 9pm for the best music from the 50s through the 70s ever placed on vinyl. And remember folks, "it's not how old it is, but how great it sounds!"

TV TALK WITH BILL CUSHING



Fall TV 2016: What You Should Watch

Bill Cushing

VALLEY PATRIOT TV COLUMNIST



Another new TV season is upon us and although the fall season isn't the only time TV shows will premiere these days, the majority of them still do. So I'd like to

go over a few of the new shows that will be premiering this fall that I am recommending. Hopefully I can give the TV fanatics something new to check out and for those casual viewers who only get to watch a few shows a year, then this will help you choose what to watch.

Designated Survivor (ABC) – This series follows Secretary of Housing and Urban Development Tom Kirkman, who is vaulted into the presidency after everyone above him is blown up in an attack on Congress during the president's State of the Union address. Kirkman will have to contend with hostile advisors, mysterious attackers and his own troublesome teens. Kiefer Sutherland returns to TV as Kirkman. Maggie Q and Kal Penn also star. Jack Bauer for President? Not quite, but this still looks intriguing. Premieres September 21.

This Is Us (NBC) – If you were a fan of Parenthood, then This Is Us is for you. This sentimental dramedy follows a handful of people born on the same day, whose paths cross and their life stories intertwine in curious ways. Mandy Moore and Milo Ventimiglia star. More than 50 million people viewed the trailer on YouTube, so this show figures to be a big hit. Premieres September 20.

Timeless (NBC) - This show will interest sci-fi fans as well as fans of historical dramas. Timeless follows an unlikely trio who travel through time chasing a criminal, intent on altering the fabric of human history by changing historical events, causing catastrophic results. Among the events the series will visit are the Hindenburg disaster, the assassination of Abraham Lincoln, 1962 Las Vegas, the Alamo, Watergate, Germany during WWII, and

the space race when the United States landed on the moon. Abigail Spencer (Rectify) stars. Timeless is created by Eric Kripke (Supernatural) and Shawn Ryan (The Shield). Lots of good talent behind this one. Premieres October 3.

Falling Water (USA) – This series, from The Walking Dead producer Gale Ann Hurd, follows three unrelated characters who slowly realize themselves to be dreaming separate parts of a single common dream that will have vast implications for the fate of the world. Real interesting premise. Lizzie Brocheré of American Horror Story and The Strain stars. Premieres October 13.

The Exorcist (FOX) – Oscar winner Geena Davis returns to TV in this reboot of the classic horror franchise. Davis plays Angela Rance. She deals with a myriad of issues including a dad losing his mind, a daughter refusing to leave the house, and an evil spirit terrorizing them. Two priests with extremely different approaches try to help the family by attempting to cast out the evil spirit. Horror fans and fans of the original films will want to check this serialized psychological thriller out. Premieres September 23.

The Good Place (NBC) – The only comedy on the fall slate that even remotely interests me is The Good Place. It follows Eleanor, a woman who dies and goes to heaven, only she was a terrible person when she was alive and was supposed to go to the other place. So she has to try and keep the mistake a secret from Michael, the architect of her neighborhood in the Good Place, so she can stay. She also wants to turn over a new leaf by trying to make up for her past bad behavior. Kristen Bell and Ted Danson star. This comes from Mike Schur, the creator of Parks and Recreation, so this one should be worth checking out.

That's it until next month. Happy Watching!

If you have any questions about TV you can email me at BillsTVTalk@gmail.com. I will answer all of your questions and will feature some of the questions I receive in a future Mailbag column. Follow Bill on Twitter @BillsTVTalk and on Facebook at Bills TV Talk for daily up-to-the-minute TV news and discussion.

MARK THE DATE!!

**THE VALLEY
PATRIOT BASH!**

Fri. March 24, 2017 at 7PM

NOTEBOOK: FROM PAGE 17

strollers but unsuitable for wheelchairs due to uneven pavement, missing curb cuts, and gravel stretches. Leashed pets are welcome on the trail and clean-up laws apply.

Volkssporting events sponsored by Walk ‘n Mass Volkssport Club promote fun, fitness and friendship through non-competitive walking and biking free to the public. There is also an achievement awards program through the American Volkssport Association (AVA). For further information contact David at 978-970-5028, david_byers@nps.gov or walknmass.org.

YMCA NINE AND DINE – Thanks to our old friend Danny Halloran, the 1st Annual Lawrence YMCA fundraiser Nine & Dine will take place at the Haverhill Country Club on Monday, October 3rd. We tee off at 3pm with dinner following at 5:30pm. This event will be limited to 18 foursomes. The Y needs your help. They are looking for players, sponsors, and raffle gifts. Please contact Dan Halloran, Executive Director of the Lawrence YMCA if you were able to help. He can be reached at 978-686-6191 ext. 55 or ddhalloran@gmail.com

METHUEN COMMUNITY TELEVISION OUTREACH SHOWCASE - To celebrate 20 years of service, Methuen Community Television is sponsoring an outreach showcase between 10am and 2pm on Saturday, October 8th at the Nevins Memorial Library. This is the best time to meet the people from over a dozen local organizations. Learn what they do and how you can participate. Community TV stories”

will be recorded at 11:30AM and 1PM offering you a chance to see a television production from the audience perspective. In addition, children’s crafts and story time will be offered. The Methuen Memorial Music Hall will be conducting hourly tours in conjunction with the showcase.

HAMPSTEAD ACADEMY MATH TEACHERS CECELIA CARROL REACHES NEW HEIGHTS - Hampstead Academy Math Teacher, Cecelia Carroll joined a group of teachers this summer to attend the Maury Project, a professional development program involved in studying the physical foundations of oceanography. This program is designed to generate interest and understanding in science, technology, and mathematics among pre-college students. The project was named after Matthew Fontaine Maury (1806-1973), considered by many to be the father of oceanography.

Ms. Carroll had attended the SEEC (Space Exploration Education Conference) in Houston in 2016 and plans to present a Maury Project workshop at the Houston Space Center in Houston, Texas this February, 2017.

We would also like to congratulate Cecelia Carroll for her outstanding accomplishments this year being named the State Teacher of the Year, by the Air Force Association in 2016 and 2nd runner up for the National Teacher of the Year 2016. She was also named the 2015 STEM Teacher of the Year, by the NH Society of Professional

Engineers.

CONCERTS ON YOUR CORNER one of my favorite people in the world Tedd Panos is wrapping up his Concerts on the Corner Summer Series this month with three great shows: Sept. 8th - Maria Thekaekara. SEPT. 15th - Chris O’Donnell. and SEPT. 29th Andy Kaknes, Mike Cuchar.

ESSEX COUNTY COMPOSITE SQUADRON OPEN HOUSE - The Essex County Composite Squadron of the Civil Air Patrol Air Force Auxiliary, will host an “Open House” on September 12, 2016 from 7pm-9pm. at 52 Old Clark St, in North Andover, MA This event is open to all members of the public.

Interested in Aerospace, STEM disciplines, Flying, Search & Rescue and Leadership Skills? This non-profit organization welcomes youths ages 12-18. These young men and women join to meet new people, be aerospace engineers, pilots, learn leadership skills before heading off to college, or have a career in the military. Our squadron is made up of members from many surrounding towns such as Andover, North Andover, Haverhill, Georgetown, Tewksbury, Amesbury, and as far as Revere and Dracut!

“The Open House is really a great opportunity for everyone to learn about CAP”, said c/2d Lt Brennen Smith, the Cadet Commander of ECCS. “We are a Nationwide organization with so much to offer, I’m amazed how few people have heard about us.”

Essex County Composite Squadron is led by Lt Col Antoinette Fischer and is one of 13 squadrons in Massachusetts. Join us

for the Open House and see what Civil Air Patrol has to offer. The Open House will showcase our Color Guard, aerospace education topics, emergency services, and much more. There will also be a raffle, where participants have the opportunity to win free dues for a year! Visit our website essex-cap.com/

LAWRENCE’S AL ZAPPALA NAMES GM OF SICILIAN FOOTBALL TEAM Lawrence native Alfred M. Zappala was named GM last month of the Elephants Catania American football team in Catania, Sicily, bringing decades of experience to one of the most storied franchises in the Italian Football Federation (IFL).

The Elephants play in the Second Division of the IFL and he was brought in to help re-organize the team into a Division One contender. “They contacted me a few weeks after the season concluded and asked if I would be interested in the GM job in order to strengthen the team in their quest to someday move back into the First Division, and I jumped at the opportunity.” said Zappala. The Elephants played for the Italian Super Bowl Championship in 2014 in the top division, but voluntarily dropped to the second division to re-organize organizationally and financially in 2015. “My job is to help build the team back up to the best in Italy” he said.” I am putting together a Board of Advisors in the US that can help us on the football end, the media end and the sponsorship end” Zappala said. “I am delighted to be part of this great organization” he said.

PENSION: FROM PAGE 6

time and their money in. I’ve paid over 39 years into the pension system, hundreds of thousands of dollars. I’ve worked very hard to get where I am. My resume and my qualifications reflect that. I’ve earned my pension and I’m proud of that. I’m not going to step aside from that. I’m looking to do a job. I think I have the qualifications. I think I am the best candidate to do the job. I will leave it up to the voters. I talked about transparency. I don’t have a problem with talking about this in public. But when you are putting this out there and sliding in the underbelly of Facebook, that’s wrong. (looking at O’Reilly). I’m actually glad it’s come out. But, I put it out there. I put my resume out there; I put my ideas on the table and let the voters decide. That’s where I stand.”

ROBITO: “I grew up in Lawrence. If the chief is doing such a great job in Lynn, which I am sure he is, if I lived in Lynn and he chose to give up the job of chief

of police I’d be bull. I mean, you are here to serve and protect us. Now you want to move on, so you can make more money? Where is your heart and your loyalties?”

COPPINGER: “Jerry, as I said before, I’m not running to get elected. I’m running to do a job. My resume and qualifications will show you that had great successes with our programs in Lynn. Prevention, intervention, rehabilitation and treatment. We are doing a good job. Crime is down 10% over the last five years. It’s down 5% this year alone. That record reflects what the Lynn Police Department is doing under my leadership. I want to take my successes and take them county wide to help other people. We’ve had a lot of discussion in this forum here tonight about stuff internally in the jail. And that’s good because you have to have that. But we are also forgetting about the 750,000 citizens in this county who are becoming victims of crime, and want to feel safe and secure

in their homes. Those are the people I represent. Those are the people. I know what they need and what they want based on my 33 years of law enforcement experience.”

O’REILLY: “First, the crime has gone down everywhere. From my experience, people who want drugs are still going to ... one of the major places, is Lynn. It’s still a problem. One of the programs I support is the Gloucester Angels program and one of the places I want to expand it is Lynn. We need to take innovative approaches because from what I can see, there hasn’t been a whole lot of success in dealing with the drug problem in Lynn.”

COPPINGER: “Eddie, you are a defense attorney. In fact, I think your specialty is OUI’s (drunk driving) cases. We can sling the mud back and forth Ed. First of all, I’m glad we are doing it in public, versus as I said before, in the underbelly of Facebook page as you have done in the past. Crime in Lynn is down. Lynn is a better place. Take a ride downtown Lynn and see what’s going on. There are restaurants opening, there are shows at city hall. People are moving back into Lynn. Good things are happening in Lynn. We have a

behavioral housing unit in Lynn. You’ve mentioned the Gloucester Angels program since day one and you always say you are the only one that supports treatment and rehabilitation. I have yet to hear anyone on this stage speak against treatment and rehabilitation. You promote the Angel program, it’s a good program, I’m not going to deny that. It works for Gloucester, that’s good. But there are a lot of other programs throughout the county including what we have in Lynn. We have 3 people, civilians we hired, two clinicians trained in substance abuse and mental illness, and one case worker. They work inside our department with our officers and they are out in the street every day. They are making improvements. This epidemic is everywhere throughout the commonwealth and the entire eastern seaboard. I will stand on the merits of the Lynn Police Department, we are doing one hell of a job and we will continue to do that despite what happens in the Sheriff’s race.”


To view the video of this debate you can go to valleypatriot.com and type debate in the search bar at the top of the page.


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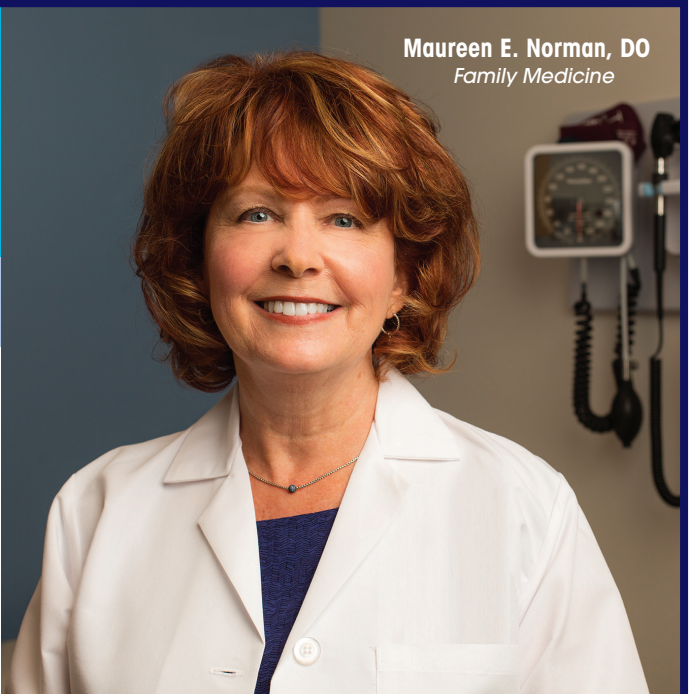
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Ye Gay Ol' Valley

Teachers Lives Matter

Dani Langevin

VALLEY PATRIOT LESBIAN COLUMNIST

Last month, Tom Duggan posted a comment asking people if they supported merit pay for teachers and the claws came out. I've been an educator for my entire adult life and I have never come face to face with anyone who expressed disdain for my field. I know few people are impressed with me because I'm an educator and usually say something like, "Wow. That's awesome. I couldn't do what you do." I've heard it so many times that I've come to realize that it's meaningless and the private sector, unless they are in a relationship with an educator or have one in the family, is completely ignorant to what an educator actually is and does.

One woman who commented on Tom's post said things like, "Most teachers I've seen are completely without merit and would owe US money." She cut down a profession that demands its participants to have a master's degree by saying, "It's a job, a low-paying, low-end job, at that." These are blatantly ignorant statements. And, although this is her tragically misinformed opinion, she still sent her children to public school urging them to, "ignore their teachers, unless they wanted to end up having to be teachers for a living, too." She tried to inform me that, "They are not YOUR students, they are OUR children, and WE pay your salary." Her final bit of wisdom was that I was overpaid, Methuen's ranking is lousy, and perhaps she'll bring the thread to their (I'm assuming Methuen's administration) attention. I love how people automatically threaten a teacher with "reporting you to your administrator" when they aren't being successful at ruffling our feathers. Well, now my administration, whom I know are much more brilliant than this person gives them credit at being, knows of our exchange. I was waiting for her to kick sand in my face and steal my favorite toy, that's how juvenile her exchange was. And anyone who demeans any job, career or profession shows a lack of character and depth.

Unfortunately, I know that she is not the only one with this sadly perverse opinion of public school teachers. This is why they are so quick to throw us under the bus. It's due mostly in part to misinformation. Educators have no say in what our curriculum is. NCLB, the Common Core, and the federal government dictate it to us. You ask any educator about these programs and they'll blow air between their teeth, roll their eyes and throw up their hands in frustration. It's out of our control. Instead of complaining and pointing fingers at those of us in the trenches, why don't you get off your proverbial buttocks and call or write to those who are making the decision for your child's education? High-stakes testing is putting insurmountable pressure on administrators, teachers, and students. It has taken the autonomy and creativity that we all once enjoyed and replaced it with measurable and predictable quantitative results instead of qualitative and creative real world problem-solving skills.

Bad-mouthing educators is not going to help. In fact, it is entirely counter-productive. Who can I threaten to tell when a parent attacks my skills as an educator? When are parents going to be held accountable for their children who are absent over 40 times in one year, doesn't eat breakfast, misbehaves every time the teacher turns

their back or is working with other students, has a child that doesn't do their homework because they are either lazy, they and their parents don't care or they have to hide from a parent who beats or molests them daily? How about the parent who refuses to have their child experience the consequences for their behavior or the parent who blatantly gives their child permission to break a long standing school rule? Where are the parents' role in their children's education if they are not MY students?

NCLB was set up to fail. It was birthed through the marriage of large corporations like Microsoft and the federal government because nobody was making a buck. The public school system is a massive producer of our most precious commodity and nobody is getting rich off of it. This can't be right. So, let's create a system that has numerous ways to fail and few that will allow it to succeed so the charter school pushing agenda can say, "See, public schools are failing. We need more charter schools." Truth be told, charter schools are failing, too. According to a study done by Stanford University, charter schools' performance is below that of their surrounding public schools, promote segregation, and ignore the most needy of students.

Let's talk about our needy students. I've had students who are so transient that they've been to more schools in their lifetime than I have in mine. No holes in their education. There have been students sitting in front of me who are starving because their last meal was the previous day's school lunch, students who are so dysgraphic that they can't even write their own name, students who have told me that school is the safest place they have (imagine what their summers and weekends must be like), I even had a student survive a home invasion the night before an MCAS exam. I'm sure his biggest concern was filling in the correct bubble. Then there are the scores of students whose parents just got divorced or they've just been introduced to their parent's new love interest, have a parent in jail or one that is absent and so on. Nobody thinks of the diverse demographics sitting in front of every public school teacher day after day and year after year. Educate yourself before you start playing the blame game. When I responded to the education bully about teaching being a job by saying, "It's a career, a calling," she in turn said, "Please - a career, a calling - spare us." Those who enter the profession when it isn't their calling leave very quickly because it's just too darn hard, but for those of us who stay, the rewards are incredible.

Martin Luther King once said, "Don't look down on a person unless it is to help them up." You teacher bashers are ignorant and small-minded bullies. If you don't like what's going on in local public schools, get your panties in a bunch when you think of your tax dollars going toward my salary and think educators are high paid buffoons then either do something to change it or move to a third world country where there is no public education. If you're not going to do either, then shut your mouths.



Dani Langevin is a teacher and has a Bachelors in Fine Art and Masters in Education. She has written four young adult novels, one of which is self-published. You can email Dani at dblangevin@aol.com

Beneath the Surface

Is It Wrong to Want to Protect Western Civilization and the Interests of White People?

Paul Murano

VALLEY PATRIOT COLUMNIST

It's a provocative question in today's cultural climate, but for those familiar with this column and my radio show, you know that going beneath the surface means abandoning all intimidation to political correctness. In today's highly sensitized world where many are hiding from themselves and the light that could expose them, digging for truth amidst the layers of false narrative constructed by the Left almost invariably offends someone. We're into our second generation of people formed in it. Although offending people is never the goal, truth is too precious to ignore or deny. Is it legitimate at least to ask the question highlighted in this column's title? To explore the answer, let us delve beneath the surface by asking other related questions.

Are there legitimate "white" interests? Do European Americans have a right to protect the culture and civilization that built Europe, the United States, and other "first-world" nations? Or is it appropriate to continue to allow the multi-cultural movement to break down and gradually eradicate it from the earth? Hillary Clinton accuses Donald Trump and his supporters of being part of a new "alt-right" movement that is covertly racist, sexist, xenophobic, and anti-"gay". But is this movement essentially an innocuous reaction to all the imbalanced attacks on western civilization, which has included radical feminism, gender ideology, homosexual fascism, and restrictions on speech that disallow "offensive" language directed at every ethnic and religious group other than white people and Christians? At what point is it legitimate for the heirs of Western culture (which happens to include all of us) to speak up and defend a heritage whose creativity and innovation brought true human progress to the world, a progress never previously imagined?

More specifically, why is it unacceptable to defend our once top-notch universities from the rampant debauchery of alcohol and premarital sex and from 'safe zones' that protect students from free (politically incorrect) speech? Why is it wrong to protect our once-great hospitals and physicians from becoming centers of death rather than healers of life, from providing abortion and euthanasia to their patients rather than sticking to their Hippocratic mandate to heal and preserve life? Why is it unreasonable to stand up for nuns and other Catholic workers to practice charity freely in accordance with their consciences instead of sitting passively by while they are forced to provide contraceptives and abortifacients to their employees? Why is it bigoted to expect customer service outlets serving Americans to speak English, or for society in general to encourage everyone to learn the common language of the people? Why is it surprising that so many believe the law should be followed and that people should not break into our country illegally? And why has it become unwise to point out that the media and government's blatant discrimination against white males and Christians has not raised the dignity of minority Americans

or healed race relations; but instead has had the adverse effect? Why is it deemed unethical even to raise these and other related questions in what has become the all-encompassing "safe-zone" of contemporary America?

Let's look at history. Mankind has been saddled with injustice since his primordial removal from Eden, and no human society this side of heaven has ever been, or will ever be, a paradise. Western civilization is imperfect because people are imperfect. But it is indisputable that European-American culture has assisted countless people out of barbarity into certain degrees of freedom, justice and prosperity never seen previously in human history. No culture has ever respected the dignity of the human person as Christian cultures have, despite their lack of perfection in doing it. This is because no other world culture has recognized each man, woman, and child (pre-born and post-born) as a living image of God on earth whose interior subjectivity and personhood is invaluable and whose right to life is inalienable - despite class, sex, ethnicity, handicap, or general 'usefulness'. The influence on the world western culture has had is immeasurable. Indeed, before the west lost much of its moral authority by embracing the sexual revolution and subsequent culture of death, before we began exporting pornography and social engineering to the rest of the unwilling world, we were a beacon of hope.

Most people who support the movement Donald Trump now visibly leads do not want to oppress anyone. There may be a few racists, but most just seek to preserve and protect the civilization that has brought mankind out of the darkness of superstition and slavery into the light of freedom and hope. They believe they finally have a candidate with the courage to put his foot down and save America from the inevitable corruption that takes root once Christ is extracted from society. Donald Trump is a very imperfect representative of this movement, with a personal history and character that contradict what these people seek to protect. And yet, despite this, he is the only one in national politics publicly willing to take a stand on many of their concerns. Perhaps the prospect of a President Hillary, who will certainly continue leading this nation toward third-world fascism, is further motivation to take a chance on Trump.



Paul Murano teaches philosophy at Rivier University and North Shore Community College and is host of *Beneath the Surface* radio show on WCAP, Mondays 10-11pm, with podcasts available at [facebook.com/fellowtruthseekers](https://www.facebook.com/fellowtruthseekers). Paul teaches adult enrichment at St. Patrick's in Nashua, is founder of Heartbeat Pregnancy Help center in Burlington, and is a singer-songwriter-musician. E-mail Paul at PJDM@aol.com

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ALMONTE: FROM PAGE 13

team.

“Now, it’s a matter of being able to have personal time after fighting so long, and so hard on the council. Right now, the fight is just unbearable, that I need my own family time to get my [act] together, so I can come back full force as I have for my family, and my city, for our city.”

RUNNING FOR MAYOR

“But, I will be back on April 1st,” she added.

April 1st is the date nomination papers become available for potential candidates in next year’s city election.

“Yes, I’m coming back, I’m running for mayor,” Almonte said detailing how tired she is of Mayor Rivera allowing attorney’s “who are friends of friends” to drag out expensive lawsuits against the city, “not to mention the people who were wrongfully terminated and now we have to pay them triple damages. The next mayor is going to have to pay all that out.”

She also cited that the administration raising property taxes has hit her district the hardest.

“The majority of homeowners in my district are elderly, they can’t afford that. But, friends [of the administration] who

own LLC’s can come in and buy properties in the city for [pennies]. I don’t think that’s right.”

She also cited as a reason for running against Mayor Rivera next year, that the mayor hired the city council’s confidential secretary, instead of being hired by the city council. She said she is particularly troubled that “the executive branch under this administration has run over the legislative branch.”

Almonte says that Rivera is not the CEO of the city and is offended that he calls himself that.

“That would be like me asking people to call me madam mayor when I’m only a city councilor. He’s not the CEO he’s the mayor.”

Asked what she would say to her supporters who campaigned for her and supported her in the last election, she said she knows some of them will be disappointed, but they won’t be disappointed for long, and she looks forward to working with all of them again next year.




“I’m honored and proud of everyone who has supported me, especially after everything I’ve been through, the ups and downs, those who helped my family, and those families we were able to help. I’m looking forward to working with them

Paula’s Journey for Hope




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Robin’s Kitty Corner

Alone we can do so little, together we can do so much.....Helen Keller

Robin Desmet
VALLEY PATRIOT KITTY COLUMNIST

Oftentimes when I show up at someone’s home to trap their backyard cats, I am by myself. I set up the traps and then spend a few hours getting to know them and explaining what I do. But although I am by myself, I am by no means doing this alone.

First and foremost I have to talk about Julia Pesek, the Community Outreach Coordinator for Nevin’s Farm. She has been with me from the start. Julia and MSPCA volunteer Jennifer Taris met me in a backyard in a Lawrence neighborhood two years ago and taught me how to trap cats. After that first day of training, Julia has been unable to shake me. I call her week after week with all kinds of kitty drama and cat situations. I continue to pester her to this day and she continues to help me.

The next group of people, in what I fondly refer to as my “Cat Club”, is the customers and neighbors that surround my family owned business, Packard Pharmacy, in South Lawrence. These are the people that walk through my door at work and tell me all about the cats in the neighborhood. Some people are feeding the cats and would like me to trap them and get them spayed/neutered. Others want me to trap the cats and get rid of them (I can’t). Others want me to trap the raccoons and get rid of them (I can’t). Others want to help me and they do. They bring me cat food, they bring me animals, they give me donations, and they tell me where the cats are.

Jade Anderson and Jada Ford are two of the neighborhood children that know all about rescuing cats. Jade walked me down an alley and showed me where somebody had dumped a litter of kittens. They were too fast to catch by hand, but were easily caught with traps because they were so hungry. Thanks to Jade, this litter of kittens was saved.

Jada had rescued 3 kittens by herself from under a shed in her neighborhood. Jada and her mother cared for them for weeks until they could be adopted out. Jada sometimes accompanies me on my cat stakeouts. She has learned how to bait and set the traps and helps me carry them to the sites. It’s so nice to see children who are interested in helping the animals and who want to make a difference in the world.

Two other people in my Cat Club are Jennifer Taris, a volunteer at Nevins Farm, and Beverly Surette, an independent trapper and cat expert. Bev has accompanied me on many cat adventures and has given me lots of advice and furthered my education on community cats. She is knowledgeable with cat trapping, cat care, and cat handling and I have learned a lot from her. Jennifer is my original teacher who does all different types of volunteer jobs at Nevin’s Farm and still



finds the time to trap cats and mentor me. Jenn works tirelessly on behalf of the animals. She is articulate and knowledgeable and is a pleasure to work with.

Kelly Garon joined my cat club the day I went to check a trap and had accidentally trapped an opossum and not a cat. She is quite handy with a pair of pliers and she was able to free the opossum who had managed to wedge its teeth in so tightly that even when I opened both ends of the trap it was unable to get out. No animals were harmed in this incident. Since then, Kelly and her boyfriend Aidan Shea have become quite a team and are quite adept at bottle feeding and caring for newborn kittens. Kelly and Aidan raised and adopted the very first rescue kitten that came through my door and their work continues today.

Lastly, I need to talk about the many caring and compassionate individuals who are providing food, water, and shelter to the community cats. These are the people who are helping the cats on a daily basis and the people I meet with every week. Together we are working hard to help the animals and to reduce overpopulation and suffering with TNR (by trapping, neutering, and returning feral cats to their natural habitat). No one person is responsible for making a difference in the lives of these cats. We are all making a difference and we are doing it together.

For Questions: Please E-mail me at: Robinjd@comcast.net.





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Equality needed on Governor’s Council

Richard Baker
VALLEY PATRIOT GUEST CONTRIBUTOR

A safe and orderly society relies on the integrity of its judges and magistrates. While many states elect their judges directly, Massachusetts separates their judges from the requirements of running for election; instead we select judges through a representative system. In Massachusetts, the Governor’s Council approves the Governor’s judicial nominations, evaluating judicial candidates much like the US Senate Judiciary Committee.

In order to assure that only the best judges are selected, the Massachusetts Governor’s Council needs to be populated with Councillors who understand what makes a good judge, who have experience with the court system, who understand the rule of law and its importance to a safe society. The Council needs a balance of opinions so that the judicial nominees are thoroughly questioned before approval.

However, the current makeup of the Massachusetts Governor’s Council is lacking the balance that it needs. The present Governor’s Council is made up of seven Democrats and one Republican, Jennie Caissie from Worcester County. Of the seven Democrats, three are moderates that typically vote with Governor Baker, and four are liberal Democrats who often vote against the administration.

Governor Baker has been nominating judges based on their compliance to the rule of law. This means that his nominees are able to separate their personal feelings about a case, and make their decisions based on the facts presented as applied to the law as written, within the confines of judicial precedent. In other words, Baker’s judicial nominees let the state representatives and state senators make the law.

The four liberal members of the Governor’s Council use another criteria to select judges. They base their decisions on which judges to select on a litmus test of liberal issues. Does the judge support abortion? Gay marriage? The death penalty? These liberal members of the Governor’s Council want judicial activists that agree with their politics. By selecting judges based on a litmus test, tough, fair judges are bypassed for judges that use their personal feelings to make a decision.

This creates unfair situations where justice differs in Roxbury District Court



from Barnstable District Court. Justice should be the same in all District Courts in Massachusetts, all following the same law of the Commonwealth, and should not vary based on a judge’s personal feelings and biases. Litmus tests create inequality in the courts.

On numerous occasions in the past two years, the Governor’s Council has reached a four to four deadlock on Governor Baker’s nominees. In these situations, the Lieutenant Governor, Karen Polito, as the presiding officer of the Governor’s Council, recesses the Council and summons Governor Baker to preside over the Council while Polito votes. Governor Baker needs to excuse himself from other business to lead the Council so Polito can vote, disrupting his day. But Governor Baker’s nominees are approved 5-4.

In the coming election, Councillor Albano of Longmeadow is not running for re-election to the Council (he is running for Sherriff in Hampden County). Albano is one of the moderate Democrats who often supported the Governor’s nominees. There are two Democrats running to replace him, and may add another vote against Governor Baker’s nominees. This will replace the rule of law criteria for judges with a liberal litmus test criteria.

However, there are two Republicans running against two of the liberal Democrats on the Governor’s Council. Rich Baker has a good chance of winning the seat in the Merrimack Valley and North Shore, and Brad Williams is running on the South Shore. Winning each of these seats is critical to assuring that fair and tough judges, those who believe in the rule of law, continue to be appointed to the Massachusetts bench.

FROM ISRAEL TO THE VALLEY PATRIOT

What aren’t they showing you?

Forest Rain
VALLEY PATRIOT ISRAELI COLUMNIST
forestrain.wordpress.com

“Aren’t you afraid of the soldiers?” the reporter asked the old Arab man.

A resident of Jenin, approximately 60 or 70 years old, was sitting on a pile of rubble. He was calmly sitting there, not doing much of anything. He was surprised by the reporter’s question. I watched the exchange on Israeli TV, it was an interview conducted in Arabic, and there were Hebrew subtitles at the bottom of the screen so viewers like me could understand what the residents of Jenin had to say.

This scene is seared into my brain, an exchange I will never forget. It was during Operation Defensive Shield (2002). Terrorists had committed so many atrocious attacks on Israelis (suicide bombings in restaurants, a hotel, attacking people in their homes etc.) it had become necessary to take the battle to the terrorists. They knew the IDF was coming and had time to booby-trap much of Jenin, making it a horrific place for a battle. The IDF ended up having to bulldoze a section of buildings which gave impetus to the media to begin screaming that the army had committed war crimes (false allegations they later had to apologize for).

“Me? Afraid? Of who?” asked the old man.

“The soldiers” said the reporter. The scorn on the old man’s face fascinated me. “Of course I’m not afraid of the soldiers!” he answered. “I’m not a terrorist! I don’t have a bomb. Or a gun. Or a knife!”

I wanted to laugh and cry at the same time. This old Arab man knew what all the residents of Jenin knew, what everyone knows. What the media never ever reports. He had absolutely nothing to fear from the Israeli soldiers because he was not a terrorist and not involved in anything that could be construed as terror related activities.

He knew the truth. I know the truth. How many of the average media consumers around the world know the truth?! American university students? Average Europeans?

The term, media consumers is apt. People consume what is on their plate.

Whatever the media puts out gets eaten, swallowed whole. Very few questions are asked.

The plate goes down on the table, so you eat. It’s automatic.

The major media companies have all kinds of slogans referring to their truthfulness, accuracy and fairness. They promote their news channels with action filled non-commercial commercials where the presenters talk about quality journalism, about wanting to uncover the stories, to see the action and bring it to the audience in a first person, unfiltered manner.

And most people just eat what they are given.

But what if the food isn’t clean? What if the media is not presenting fair and balanced, no-spin news?

Many are beginning to recognize problematic journalism, inaccuracies and sometimes outright lies. The journalists are presenters rather than reporters, their “investigations” are more propaganda than anything resembling ethical, investigative journalism. Research and fact checking are considered passé. When it comes to covering Israel, the lies are blatant. Prejudiced, unethical journalism has become the norm rather than the exception.

Countless organizations have been set up to counter media lies about Israel. Grassroots groups, concerned citizens are working hard, day and night, to set the record straight. Slowly it’s working. Honest Reporting campaigns, for example, have influenced major media sources, forcing them to correct inaccuracies.

Countering the media mistakes and inaccurate reporting (read: lies) is a never-ending task. Stories with the same narrative, told and retold, become truth if uncorrected. The anti-Israel movement uses media stories as fuel for their actions, as justification for policies and propaganda to influence others to hate Israel. Hate incites terrorism and people die.

For Israel, it is literally a matter of survival to keep hold of the truth and make sure it is known to all.

The problem is that the lies are so insidious, they go far beyond inaccurate or slanted reporting. Often the lies are in what you are not being told.

Have you ever asked yourself, what are they not showing me? What else is here

TRUTH: PAGE 29



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Executive Director Wins National Leadership Award

Rosanne Distefano, Executive Director of Elder Services of the Merrimack Valley was presented the Excellence in Leadership Award from the National Association of Area Agencies on Aging during the n4a Annual Conference in San Diego, CA. Rosanne was one of three individuals recognized nationally for their work in the field of aging.

Rosanne has 40 plus years of experience working at Elder Services where she began as a case manager. For the last 35 years, she has provided leadership and direction to an agency that has grown from a small staff to over 300 professionals who serve clients in the 23 cities and towns across the Merrimack Valley. Her mission has always been to support the 80,000 elders and their families who reside here with the choice to live in the community as safely and as independently as possible.

Rosanne was recognized for her leadership abilities and her capacity to serve as a catalyst for new ideas and quality programming that would meet the diverse needs of older consumers. Over the years, she has successfully pursued millions of dollars in federal funding to develop affordable and supportive housing sites, helped establish an Aging and Disability Resource Center, the first of its kind in Massachusetts, along with Northeast Independent Living Program. Ten years ago she welcomed the statewide Senior Medicare Patrol Program that investigates Medicare fraud and abuse and has been a strong and vocal supporter in building the capacity of SHINE programs that impact thousands of older adults who need to understand and enroll in a health insurance and prescription coverage plan.



Rosanne was unexpectedly pleased to receive national recognition for her lifetime work on behalf of elders. However, it was not the first time her success has been celebrated. In 1999 she received the Nonprofit of the Year Award from the Merrimack Valley Chamber of Commerce. In 2005 she was honored with the Saint Marguerite D'Youville Pilgrimage of Love Award, "For outstanding contributions to elders and the larger community," from MI Health Care Services. And, in 2016 North of Boston Business Magazine selected Rosanne as one of the exceptional, creative and innovative women in the North of Boston region.

Board President, Rosanne Robillard states "The Board has witnessed a true passion Rosanne has for her work on behalf of elders. And, over the years we have been impressed with her vision to see trends in the types of services and programs that kept us focused on our mission to keep elders in the community. We are always very pleased when Rosanne is recognized for her dedication, passion and leadership ability. It is exciting to see Rosanne receive this award on a National stage and the work that it represents."

ENERGY: FROM PAGE 9

The Massachusetts Department of Public Utilities (DPU) had previously approved this method of pipeline expansion funding in October 2015. The recent ruling by the Supreme Judicial Court directly addresses the legality of that decision.

The court ruled that the DPU's decision to approve long-term contracts by electric distribution companies for the purchase and resale of interstate natural gas pipeline capacity was fundamentally in conflict with the legislature's primary goal of passing the Restructuring Act of 1997. That legislation sought to disrupt the monopoly enjoyed by some utility companies which allowed them to control the generation, transmission, and distribution of electricity. The Restructuring Act opened up competition in electricity generation and limited electric distribution companies to the business of planning for, building, and operating electricity distribution infrastructure, such as poles, wires, and substations. Allowing distribution companies to purchase pipeline capacity would re-insert those companies into the generation side of that industry, which would be bad for consumers.

Far worse for consumers would have been assuming all the risk associated with the construction of gas pipelines, with no promise of a reward in terms of lower rates in the future. In their own words, gas-fired generation businesses said they were unwilling to finance pipeline expansion projects themselves because there "is no means by which they can assure recovery" of those costs. Why then, should those costs be shifted to the ratepayer?

I travelled to multiple public hearings to speak out against the Kinder Morgan pipeline, which would have reduced

property values for my constituents in Methuen, harmed conservation land which Massachusetts taxpayers have spent \$360 million over the last seven years alone to protect, and threatened the quality of our water supply and public health by transporting fracked gas. Through my experiences with Kinder Morgan, I saw first-hand the broad-based desire of the public for a greener, long-term energy plan in Massachusetts. Encouraging more fossil fuel pipeline construction would not put our state on the path toward achieving a renewable energy future.

In July, the legislature took an important step forward by approving a major energy bill which expands our state's renewable energy portfolio, reduces our reliance on fossil fuels, and promotes strategies to conserve energy. The legislation's allowance of long-term contracts to procure 1,600 megawatts of offshore wind power and 1,200 megawatts of hydropower or other renewable sources such as solar, will constitute the largest procurement of renewable energy in Massachusetts history, once bidding for the contracts begins in 2017. The bill also calls on the DPU to formalize procedures to repair slow gas leaks that harm the environment and affect the rates for gas customers, and establishes a tax incentive program for commercial and industrial property owners to invest in energy efficient upgrades for their facilities.

This legislation and the safeguard provided by the Supreme Judicial Court decision are important developments in the state's energy policy.

Senator Kathleen O'Connor Ives can be reached at Kathleen.OConnorIves@masenate.gov

MA no Different from Alabama in Defying Supreme Court

Bharani Padmanabhan, MD, PhD
MEDICAL CORRUPTION COLUMNIST

Molasses to rum to slaves
Who sail the ships back to Boston
Laden with gold, see it gleam
Whose fortunes are made
In the triangle trade
Hail slavery, the New England dream
Mr. Adams, I give you a toast
Hail Boston
Hail Charleston
Who stinketh the most?
"1776" - lyrics by Sherman Edwards

It has long been the practice here in allegedly 'progressive' 'enlightened' Massachusetts to look down upon other states, especially those in the south, a practice pointedly skewered by Sherman Edwards in the play "1776."

Last month progressives rejoiced in feeling smugly superior over the lower denizens of the State of Alabama.

This of course is not a new phenomenon. Good progressives have always felt smugly superior to Alabama. In fact, just yesterday, Boston Globe columnist Adrian Walker called Maine Governor Paul LePage New England's George Wallace. Wallace used to be the Governor of Alabama.

But the progressive smugness last month revolved around the Chief Justice of Alabama, Roy Moore, defying a clear decision by the United States Supreme Court.

This defiance of the United States Supreme Court became hot news on a national scale and the Southern Poverty Law Center promptly filed an ethics complaint against the Chief Justice and the Court promptly held a hearing and declared that the Chief Justice must face trial after which he is likely to be removed from office and perhaps disbarred from the practice of law.

And as the United States Supreme Court decision that the Chief Justice had defied was the one legalizing gay marriage across all 50 states, people stood outside carrying placards calling Justice Moore a hater.

As Alabama is definitely not Massachusetts, the general public can read all the court documents online at <http://judicial.alabama.gov/judiciary/judiciary.cfm>

Consider now the decision by Justice Geraldine Hines at the Massachusetts Supreme Judicial Court to openly defy the United States Supreme Court in exactly the same way as Alabama Chief Justice Moore.

Justice Hines chose to defy the United States Supreme Court even after I informed her that the United States Supreme Court had ruled very clearly



on the exact matter before her and that it was settled law. The precedent was set in 2007 in a case called Osborn v. Haley in a decision written by Justice Ginsburg, the darling of progressives.

The progressive City of Cambridge on the other hand officially supported defying this clear ruling of the United States Supreme Court.

Will progressives from Massachusetts condemn Justice Hines now and mill outside the John Adams Courthouse carrying placards as they did in Alabama? Will they condemn the City of Cambridge for supporting defiance of the United States Supreme Court?

It is impossible to even envisage progressives doing that because it wasn't defiance of the United States Supreme Court that concerned them in Alabama, it was Justice Moore's lack of support for gay marriage. That to them was the higher principle, equal protection and the rule of law otherwise be damned.

And just yesterday, too, the New York Times published a half-page report on the extreme efforts taken by the Massachusetts Town of Dudley to block the establishment of a cemetery for Muslims.

The New York Times could not believe that the people of allegedly 'progressive' 'enlightened' Massachusetts would fight tooth and nail to violate others' constitutional rights. The NYT did not understand that for 'progressive' 'enlightened' Massachusetts, who is involved is more important than equal protection and the rule of law per se. Show us the person and we will show you the law.

It is factually undeniable that the lyrics from "1776" couldn't ring truer about the people of Massachusetts today.

Hail Boston
Hail Charleston
Who stinketh the most?

Bharani Padmanabhan MD PhD is a Board Certified neurologist who specializes in multiple sclerosis in the Boston area. scleroplex@gmail.com

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Understanding Neuropathy

The Doctor Is *IN*

Dr. Rami Rustum

VALLEY PATRIOT MEDICAL COLUMNIST

Neuropathy is the term used to describe a problem with the nerves, usually the peripheral nerves as opposed to the central nervous system (the brain and spinal cord).

When the sensory system is impacted by injury or disease, the nerves within that system cannot work to transmit sensation to the brain. This often leads to a sense of numbness, or lack of sensation. However, in some cases when this system is injured, individuals experience pain in the affected region. Neuropathic pain does not start abruptly or resolve quickly; it is a chronic condition which leads to persistent pain symptoms. For many patients, the intensity of their symptoms can wax and wane throughout the day.

Causes of Neuropathic Pain:

Neuropathic pain often seems to have no obvious cause; but, some common causes of neuropathic pain include:

- * Alcoholism
- * Amputation
- * Back, leg, and hip problems
- * Chemotherapy
- * Diabetes
- * Facial nerve problems
- * HIV infection or AIDS
- * Multiple sclerosis
- * Shingles
- * Spine surgery
- * Circulation (Vascular) Problem

as a result of smoking or insufficient blood supply

Symptoms of Neuropathic Pain:

Neuropathic pain symptoms may include:

- * Shooting and burning pain
- * Tingling, pins and needles or numbness

In advanced cases, the patient may complain of skin color changes, skin temperature change or hair distribution change over the limb or affected area.

More, accidental touching of non-painful items or objects may result in

aggravated symptoms.

Diagnosing Neuropathic Pain:

Diagnosing neuropathic pain starts by detailed interview and physical exam by neurologist or pain physician. He or she may ask questions about how you would describe your pain, when the pain occurs, or whether anything specific triggers the pain. The doctor may also request both blood, nerve tests and sometimes MRI studies to rule out other possible reasons for the neuropathy.

Neuropathic Pain Treatment:

Some neuropathic pain studies suggest the use of non-steroidal anti-inflammatory drugs, such as Aleve or Motrin, may ease pain. Some people may require a stronger painkiller, such as those containing morphine. Anticonvulsant and antidepressant drugs seem to work in some cases.

If another condition, such as diabetes, is involved, better management of that disorder may alleviate the pain. Effective management of the condition can also help prevent further nerve damage.

In cases that are difficult to treat, a pain specialist may use an invasive or implantable device to effectively manage the pain. Electrical stimulation of the nerves involved in neuropathic pain may significantly control the pain symptoms and has proven to be very effective long term treatment.

Other kinds of treatments can also help with neuropathic pain. Some of these include:

- * Physical therapy
- * Working with a counselor
- * Relaxation therapy
- * Massage therapy
- * Acupuncture

Unfortunately, neuropathic pain often responds poorly to standard pain treatments and occasionally may get worse instead of better over time. For some people, it can lead to serious disability. A multidisciplinary approach that combines therapies, however, can be a very effective way to provide relief from neuropathic pain.

E-mail your questions to the doctor: rrustum@yahoo.com



Lawrence General Opens New State-of-the-Art Intensive Care Unit

The Lawrence General Hospital has opened a new, state-of-the-art intensive care unit that features 19 private patient rooms, advanced patient monitoring systems, and enhanced space for patients, families and staff. The new unit is part of Lawrence General's multi-year master facility plan that also includes a new surgical center (slated to open in early 2017) and a number of additional renovation and expansion projects across the campus.

"Our old ICU served us well for almost four decades," says Karen Moore, RN, senior vice president of clinical operations and chief nursing officer. "But what was state-of-the-art in 1979 is no longer state-of-the-art today. Our new unit was designed to treat our most medically complex patients in a much more therapeutic, patient-centered environment. The space now brings the quality of our facilities in line with the outstanding clinical care we provide."

The new ICU, which has been opening in stages over the summer, integrates the nine-bed ICU that was previously located on the third floor of the Lamprey building and the 10-bed cardiac care unit on the fifth floor of the Russell building. The space vacated by the old ICU is now being transformed into an 18-bay recovery area and a pre-admission testing unit.

New Intensive Care Unit At-A-Glance

- 19 private patient rooms
- Advanced patient monitoring systems

and bedside technology

- Nursing documentation stations outside rooms
- Two bariatric rooms with patient lifts
- Two negative pressure isolation rooms that enhance infection control
- Multipurpose room for interdisciplinary meetings
- Enhanced work space for physicians, nurses, and case managers
- Private family consultation room
- Designated family/visitor waiting area

Lawrence General Hospital is a regional hospital offering high quality, affordable care to the Merrimack Valley and Southern New Hampshire. Serving nearly 300,000 patients annually, LGH delivers comprehensive health care to patients by ensuring access to the high-quality care, the latest technologies, and more than 500 local providers, including primary care and many specialties, delivering caring and personalized treatment. A designated Level III Trauma Center, LGH has one of the busiest Emergency Departments in Massachusetts and offers a full spectrum of medical services. LGH has clinical affiliations with Floating Hospital for Children at Tufts Medical Center, and Beth Israel Deaconess Medical Center. Lawrence General offers services from its main campus at One General Street in Lawrence, as well as from locations in Andover, North Andover, and Salem, NH. For more information, visit www.lawrencegeneral.org.



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READS THE VALLEY PATRIOT

NEWS FROM THE AMERICAN LEGION

John Lenotte
VALLEY PATRIOT VETERAN COLUMNIST

First of all, I want to acknowledge that any comments in my articles are my own and do not represent The American Legion. I will note that one of the many things that the American Legion does promote is for all US citizens to get to the voting booth this coming November!

This has to be one of the more “interesting” presidential elections of our lifetime. I never thought we could get crazier than the elections of 1968 and 1972. There were demonstrations, Watergate and a divided nation along with war in Vietnam. Today we have the war on Terror, demonstrations and many accusations that I think still need to be clarified and dealt with.

Personally, I think Washington is a mess. As I have noted several times, the IRS, VA and other agencies are just out of control and need a management overhaul. Instead all we get is “lip service” and wrong doers get promotions. Our military is shrinking and their resources are being stretched to the maximum.

Many in both major parties agree that Immigration Reform is needed but no one makes a move other than to blame the other side. I do not believe current laws are fully enforced. I read an article on August 22 from the Washington Free Beacon (and repeated on Foxnews.com) that quotes a US South Command spokesperson. The headline is: Sunni extremists infiltrating US with help from South American smugglers. In 2015, 331,000 migrants entered the border between the US and Mexico. Of that number, it is estimated that more than 30,000 were from countries of terrorist concern. So, if even 300 of that total number are really terrorists, we are in big trouble. I am sure someone in our government is keeping track of how many terror plots are averted and thank goodness for that. I do pray that there are no incidents this coming September 11. A day that is already emblazoned in our minds and the



terrorists don’t want us to forget it! Our military and public safety professionals need support from all of us. Remember, if you see something, say something.

My faith in the mainstream media continues to be shaken. The obvious bias of news giants like CBS, NBC, ABC, the New York Times and Boston Globe is just incredible. I will not go into my own personal bias of either major party candidate but this is just absurd. And it does not do justice to the political process. I do try to get viewpoints from the mainstream but also look at what CNN and Fox are reporting for example. On occasion I will go to the BBC site to see what they are saying. Both major party candidates should be scrutinized in great detail. However, they are not. How sad and unfair to the voting public.

Please: become an informed voter. Bigger please: make sure you vote in the November Presidential Election.

May GOD bless our troops and their families. Bring them home safe.

John Lenotte, Past Commander American Legion Post 4 Haverhill MA, Past Commander District 8/Essex County, Past Commander, Department of MA. I may be reached by email at JohnLDistrict8@verizon.net

LAWRENCE: FROM PAGE 14

used as a shooting gallery / restroom. We have to concentrate on these problems if we want to make Lawrence better.

A few months ago I read an article in which one of the problems young Hispanics from Lawrence mentioned was the “barriers to learning English.” Ever since then I’ve been wondering what those barriers are. For the life of me, the main barrier to learning English, I can see, is that the entire city speaks Spanish, almost all of the store signs downtown are in Spanish, and people are encouraged to speak the Spanish language.

It’s too easy to survive in Lawrence speaking only Spanish. When I voted in the primary election this past March, a Hispanic woman was in line in front of me when I was at the check-in table. She was speaking English. One poll worker was Hispanic and she immediately started speaking Spanish

to the woman. That was it for the English language. Behavior like this, in my opinion, is a barrier to learning English.

Northern Essex Community College is offering free online English classes starting in October for people who want to improve their English proficiency. Where are the free Spanish classes for non-Spanish speakers? We’re the minority here. We’re the ones who can’t understand 80% of the conversations in this city.

I’ve tried Rosetta Stone and it’s not that easy. It would be very beneficial for the adult non-Spanish speakers to have an option for learning Spanish other than taking a class in a traditional college setting.

Don’t forget to vote in the primary election on Thursday, September 8. Losing candidates, please take your signs down!

Honoring our Veterans

Don Jarvis
VALLEY PATRIOT VETERAN COLUMNIST

Today, someone’s child will enlist in our armed forces, take an oath they uphold for the rest of their life. This individual will stand ready to answer any call or task asked of them; putting everything on the line. This individual will sacrifice everything, their way of life, a limb and even their own life. People like this are not common, but their impact is felt by many.

Fifteen years ago this month our nation came under attack, an act of terror which America has not seen on her soil since World War II. This unimaginable and unforgettable event that took place on September 11, 2001 has forever changed our way of life and changed our focus of military. We have now, more than ever, become focused on defeating terrorists, and terrorist operations, not just on our soil, but around the world. Less than a month

after one of the most deadly attacks on US soil our Military set out on their new mission, ‘Global War on Terrorism’.

In October 2001, American Troops enter into combat in Afghanistan, to defend American’s freedom, our way of life and to defeat terror. With this came a huge surge in citizens enlisting in our military; people were proud to be

Americans and were willing to sacrifice themselves to defend their country. Not long after entering into Afghanistan, the fight on Global War on Terrorism made its way to Iraq, which meant even more brave men and women leaving their loved ones and families and heading off to war.

Each service member is promised many things in return for their service and dedication to our country, a country that they clearly love very much. Our members of the Armed Forces sign a blank check, with looking for nothing back in return, expect to be taken care of after being called upon to serve in harm’s way. War is no pleasant experience; it’s some of the worst that mankind will bear witness to, and acts of which the human mind and body were not made to endeavor or bear witness too. However, selfless individuals do not let that bother them, they will answer the call, whether it’s on American soil responding to a National Disaster, an act of Terror like the Boston Marathon Bombing or deploying overseas to combat. Our service members are there - no questions asked.

Being a veteran is not easy; you’ve seen things no one else has. You’ve witnessed things that are hard to put into words and experience things that have an everlasting impact on you - some good, and some not so good. Coming back home, being around friends and family can seem to be difficult - they are just not the same. You feel out of place; like something just isn’t right. You have your struggles, your battles - you start to feel unclear on what is reality and

confused by just life in general. Behaviors change; you go through a mix of emotions and such doubt of what has happened.

Your experience and military service has changed you; everything seemed okay in the moment, but now life is different - you start to feel the effects of war.

Readjusting is challenging. You can find it may be difficult getting appointments at the VA (Veteran Affairs) Hospital. You start to get prescribed more medication than you get candy on Halloween. Your medical staff is trying to treat your injuries, those physical, those mental, and ones no one can see.

One great service and treatment that is increasing amongst our veteran population are Service Dogs. More and more veterans are being paired up with Service Animals to help them back to their way of life - a battle buddy; someone who has their back - a feeling of security, one very common



to what they felt with their battle buddy in their service. It’s no surprise that service dogs are growing extremely popular and more and more medical providers are recommending them for service members. These service animals can be teamed to sense anxiety amongst their handler, or sense a possible seizure coming on which could be linked to the veteran’s Trau-

matic Brain Injury sustained in combat. Our service members have given so much; it’s now time to find a way to give them back what they have given us - a quality way of life.

As we sit and reflect on our own life, lets not forgot those who have sacrificed so much more than we could imagine, looked danger square in the eye, and didn’t think twice. Fifteen years ago this morning our lives changed, our world changed. Today, we need to stand together, support one another, and be grateful and supportive of those who lay down their life each and every day. Whether you see a veteran with a service dog walking through the park, a veteran on the bench reading the paper, a local police officer standing on the side of the road, or a fire fighter hanging out outside of the house - Stop, and shake their hand. These brave men and women give everything they have - some with little in return, some fight their own personal battle, and your sign of appreciation could go a long way into helping those who have already helped you.

This month’s ‘Valley Patriot of the Month’ is every brave men and women who selflessly lay down their life and stand by ready to defend yours when mankind has the worst to offer. Without them, there will be no us - and that, we are forever grateful! We stand “United” back those who unite us!

God Bless!!

Did you miss The Valley Patriot debates for Essex County Sheriff? They are online at valleypatriot.com. Type “debate” in search bar if you don’t see it on the main page.



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TRUTH: FROM PAGE 25

that they aren't talking about?

Scenes like the conversation with the old man in Jenin are things you will never see on your television screen or get from any international mainstream media source. They don't fit the narrative.

The media lies by publishing stories that are incorrect but also by omitting truths. The strange thing is that the truth is not hidden; one just has to look in order to see it.

Europeans and BDSers may be ignorant of Israeli reality or may simply prefer to believe the propaganda. In contrast, the terrorists know the truth. They understand the Israeli spirit. They believe our kindness and morality is our weakness and use it against us.

This is why Hamas and Hezbollah hide behind human shields. That's why storing weapons and attacking from mosques, schools, hospitals and clinics has become their modus operandi.

They are willing to damage their civilians because they know that we are not willing to do so, that we prefer to hurt ourselves rather than hurt their innocent women and children.

They attack our children and try to kidnap our soldiers because they know that each child of Israel is precious to us. They know we will endanger ourselves in order to save even a single individual.

To the media, Israel is a war machine, not people. The media never shows the heart of Israel.

The terrorists know better.

The question is, what will you do the next time you hear something about Israel?



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The Gospel of Jesus Christ -Too Good To Be True!

Peter Larocque
VALLEY PATRIOT COLUMNIST

The Gospel of Jesus Christ really is too “Good To be True”. I love what the Apostle Paul, wrote in Romans 1:16-17, “For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek. 17, For therein is the righteousness of God revealed from faith to faith: as it is written, The just shall live by faith.”

The Apostle Paul was not ashamed of the Gospel of Christ and neither should we, because it is the Power of God unto salvation. The word salvation here includes all the benefits and blessings of the Christian life! Not only that, this Gospel of Christ reveals our Righteousness which we receive from God as a gift which none of us deserve! This truly is too good to be true!

In Psalm 103: 8-12, we read the following, “The LORD is merciful and gracious, slow to anger, and plenteous in mercy. 9 He will not always chide: neither will he keep his anger for ever.10 He hath not dealt with us after our sins; nor rewarded us according to our iniquities.11 For as the heaven is high above the earth, so great is his mercy toward them that fear him.12 As far as the east is from the west, so far hath he removed our transgressions from us.”

Unfortunately, too many misread the truth here that God really is slow to anger. Instead we are tricked by wrong teaching into believing that God is slow in mercy and grace but always angry and quick to punish! That God is watching and waiting for our screw-ups to hit us over the head with a stick or punish us with some kind of sickness to teach us a lesson. Our God does not do that! I know this because The Gospel of Jesus Christ tells me so! This is why The Gospel, The Good News of Jesus Christ really is too “Good To Be True”. The good news being how good and wonderful God is and because He so loved us, He gave His only begotten Son, that whosoever believes on Him will not perish but have everlasting life!

The truth is that the work of Jesus Christ on the cross is a complete, perfect and finished work, so good that it never needs to be repeated. When Jesus said on the Cross, “It is Finished,” our redemption was a done deal! God punished Jesus Christ on the Cross in our stead by placing all of our sins, all of the curse of the Law, all our sicknesses and deceases on Jesus’ body and then took all of Jesus’ righteousness and put it on us. All of God’s anger and wrath was exhausted on Jesus’ body on the Cross. God is holy and just, therefore, He cannot punish Jesus and us for the same sin, which would make Him unholy and unjust! Because Jesus bore the judgment for every one of our sins, we need never fear coming under God’s judgment! This is too good to be true!

1John 1:7 tells us, “...and the blood of Jesus Christ his Son cleanseth us from all

sin.” Jesus’ sinless blood washes away all our sins. All means all sins, our past, present and future sins. This cleansing by the blood of Jesus Christ from all sin is a continuous cleansing, and it continues on and on! This is too good to be true!

Take a look at Psalm 145:8-9, “The LORD is gracious, and full of compassion; slow to anger, and of great mercy. 9 The LORD is good to all: and his tender mercies are over all his works.” Again we read that our Lord God is gracious and full of compassion and slow to anger and great in mercy. This is God’s Grace, His unearned, unmerited, and undeserved favor! Grace is God giving us what we do not deserve and Mercy is God withholding of that [judgment] which we do deserve. This is too good to be true!

The Good News continues in Hebrews 10:11-12, “And every priest standeth daily ministering and offering oftentimes the same sacrifices, which can never take away sins:12 But this man, after he had offered one sacrifice for sins for ever, sat down on the right hand of God;”

Jesus offered 1 sacrifice [himself] forever for sins! Because of this 1 time act by Jesus Christ on our behalf, there is no longer a reminder of sins, only the remission of sins by the blood of Jesus Christ! The sacrifices done daily by priest under the Old Covenant Law before Christ were daily reminders of sin.

But because of Jesus Christ’s sacrifice, sins are washed away and no longer remembered! We also read in Ephesians 1:7, “In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;” and then again in Colossians 1:14, “In whom we have redemption through his blood, even the forgiveness of sins:” This is the Gospel of Jesus Christ, by Grace we have the forgiveness of sins and are saved and this is too good to be true!

God is only good always and it is the goodness and kindness of God that leads us to repentance. We read this in Romans 2:4. “the goodness of God leadeth thee to repentance?” How to repent and get saved is recorded in Romans 10:9, “That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.” This is how we go from spiritual death to spiritual life! We confess Jesus as lord of our life, (we are no longer number one, Jesus Christ is), and then we believe that God raised him from the dead, the Bible says, right at that moment, we are saved! Welcome to the family! This is the Gospel of Jesus Christ and it is too good to be true!

You are always greatly blessed.
Highly favored, and deeply loved!

*Peter Larocque is married to wife Pam (34 Years), 3 wonderful children, blessed with 3 grandchildren, former Lawrence School Committee member-2006-2009, baker with Demoulas, Market Basket 16 + years.
peterlarocque@hotmail.com*

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Local McDonald's Restaurants Hold Back-to-School FUN DAYS

Last month McDonald's held a Back to School FUN DAY at all of the local restaurants and the Valley Patriot was there to cover it. Kelley Steinberg, the manager of the Pelham St. store in Methuen gave out free backpacks and prizes to kids in each store, where kids played bingo, colored pictures and made fun characters. Special thanks to all the managers, Mike Panich from the Dracut store, Yannerys Rodriguez, the manager of the Bradford store, store supervisor Louis Martinez, and Christine Yee, owner of the Yee corporation, for such a fun day for the kids of the Merrimack Valley! The Valley Patriot newspaper is now delivering to all of these McDonald's locations (Pelham and Pleasant Sts. in Methuen, Bridge St in Dracut, Main St in Bradford, and Broadway in Lawrence.



Mike Panich manager of the Dracut store, Kelly Steinberg, manager of the Pelham St. location in Methuen, Christine Yee, owner of the Yee corporation which owns local McDonald's franchises, and store supervisor Louis Martinez.

Yannerys Rodriguez, Manager, Bradford

New Hampshire Candidates

Governor of New Hampshire:
Republicans:
Chris Sununu (Newfields)
Ted Gatsas (Manchester)
Jeannie Forrester (Meredith)
Freank Edelblut (Wilton)
Democrats:
Colin Van Ostern (Concord)
Mark Connolly (New Castle)
Steve Marchand (Portsmouth)
United States Senate:
Republicans:
Kelly Ayotte (Nashua)
Jim Rubens (Hanover)

Democrats:
Maggie Hassan (Newfields)
Congress District #1:
Republicans:
Frank Guinta (Manchester)
Rich Ashooh (Bedford)
Democrats:
Carol Shea-Porter (Rochester)
Congress District #2:
Republicans:
Jim Lawrence (Hudson)
Jack Flanagan (Brookline)
Eric Estevez (Pelham)
Democrats:
Annie Kuster

OPINION: FROM PAGE 13

during the day presents dangerous and potentially life altering risks for the detainees.

Andover resident and former DEA agent, Paul Russell, was one of the more reserved candidates during the debate, but when he spoke he turned heads. During the discussion of Chief Coppinger’s pension, Russell revealed for the first time that after losing his leg in the line of duty protecting the public, he would do the job for no pay at all. Russell is a no-nonsense, no frills, hero law enforcement officer, who says that he wants to bring back professionalism to the job, expand it’s law enforcement powers, and I believe him.

In contrast, defense Attorney Ed O’Reilly is a feisty, liberal, progressive, who wants to convert the sheriff’s office into a social services agency to tackle drug dependency and mental health problems. He sparked outrage among both democrat and republican candidates by saying that the job of sheriff is not primarily a law enforcement position. Not only did Lynn’s Chief Coppinger take him to task on that position, but Sheriff’s Dept. Lieutenant Jeffrey Gallo (a republican) said he was offended by O’Reilly’s remarks, as did Sheriff’s Department Sgt. Craig Lane.

Both Lane and Gallo approach the job from the position of the corrections officers, but only Gallo said that he was running to represent the officers. He also revealed that he has been trying to get a memorial erected for corrections officers killed in the line of duty but has been rebuffed by the current sheriff. Most stunning of all revelations was when Gallo pointed out that the sheriff’s department has a memorial for fallen K9’s, but not actual officers.

Speaking of being offended, GOP candidate Anne Manning-Martin said she was

appalled at the “character” and “behavior” of the democrats during their debate, pointing out that the GOP debate was much more civil and “professional.” She also said that she was tired of lip service being paid to female inmates who have to go to Framingham State Prison, pointing out that when an elected official makes something a priority, “it gets done.” Obviously female inmates are not much of a priority for the Essex County Sheriff.

Manning was also forceful when it came to democratic candidates’ claims about nurses sleeping with inmates, selling drugs, and behaving badly in the facilities, saying she questioned if it was true. She added that if it was, those who know and talk about it at debates ought to be talking with law enforcement officials, or should face charges themselves. That’s bold. If she is the nominee for the republicans you could see some real fireworks at our final election debate in October.

Whoever you vote for on Sept. 8th, make sure you educate yourselves about these candidates. We have gone out of our way to make sure the information is publicly available for you, so there’s no excuse to being an uninformed voter.

You can view the debate videos on valleypatriot.com (type debate in search bar).

Tom Duggan is president and publisher of The Valley Patriot Newspaper in North Andover Massachusetts, a best selling author, frmr. host of the Paying Attention Radio Program in Boston and Lowell, lectures on media bias and police issues, is a former Lawrence School Committeeman, former political director for Mass. Citizens Alliance, and a 1990 Police Survivor. You can email your comments to valleypatriot@aol.com.

Bring Back Meldrim Thomson’s New Hampshire

DJ Bettencourt
VALLEY PATRIOT NH COLUMNIST

It has been 40 years since Meldrim Thomson was last elected Governor of New Hampshire and permanently imprinted fiscal conservatism into the political landscape of the Granite State. It was Thomson who famously ran on the platform of “Ax the Tax.” The slogan was both a rallying cry and a celebration of New Hampshire having no sales or income tax.

However, there was much more to Gov. Thomson than his opposition to taxes. His tenure was a shining example that conservative and free market policies when given the opportunity to work can produce enormous economic and societal prosperity.

Thomson’s governing philosophy remained consistent throughout his career: “Whenever you find taxpayers struggling to keep the taxes on their homes paid, striving to provide an education for their children, wrestling with hospital bills or the problems of old age – there you will find men and women determined to see that public officials give them the full and honest value for every tax dollar spent. These are the people whom I strove to serve.”

Such a philosophy is as needed today as it was when Thomson was governor in the 1970s. It is a philosophy that is often lacking in our leaders in Concord and in Washington DC.

However, Thomson’s governing principles extended well beyond slogans and rhetoric. It produced tremendous results. From 1973 to 1979, New Hampshire had a balanced budget and a surplus every year. The combined state and local taxes were the lowest in New England and New Hampshire was the only state in the region with a AAA bond credit rating. Additionally, the state had the lowest unemployment rate and high school students led all Scholastic Aptitude tests in New England. He was also responsible for the creation of seven new vocational regional schools that provided critical job skills to generations of Granite Staters.

Thomson also did something else that is very unusual for political leaders today, he practiced what he preached. He turned back \$1,500 of his own salary and urged the legislature to reduce his salary to \$30,000 and asked that the money be used for library and recreational purposes at the State Hospital.

Mel Thomson produced a sustained a record of fiscal discipline and economic expansion that was a model for other states to emulate and is the reason that many in New Hampshire view him as the best governor in our history.

Unfortunately, New Hampshire has digressed a long way since Thomson’s tenure. The digression began in 1996 with the election of Jeanne Shaheen. Her administration oversaw an explosion of state spending, advocacy of a 2.5% sales tax and the implementation of an onerous and destructive state-wide property tax. As a result of these policies, the state lost more than 16,000 manufacturing jobs and our high school dropout rate skyrocketed to 25%.

In 2004, New Hampshire turned to John Lynch and elected him to an unprecedented four terms as governor. During his tenure, the state raised or implemented almost 150 taxes, depleted the Rainy Day Fund, was indifferent to the state’s unfunded liability crisis in the pension system and advocated an income tax on small businesses.

Now the state is suffering through another failed Democrat governor, Maggie Hassan. Under her leadership, she has pushed for reckless and unsustainable levels of government spending, higher taxes, has embraced expanded Obamacare with reckless disregard of the financial consequences, presided over a downgrading of the state’s bond rating, led efforts to eviscerate education reform, violated the state’s campaign finance laws, embraced wasteful and expensive junkets, and has completely lost focus on growing the economy in favor of an obsession with social issues such as abortion, the death penalty, and gun control.

New Hampshire is fortunate to have four well qualified candidates running for governor this fall. While my personal choice is Executive Councilor Chris Sununu, any of the Republican candidates would provide a critical course correction to the extreme liberal policies of recent years. After two decades of nearly uninterrupted Democratic rule in the corner office, New Hampshire needs a Republican governor. We need leadership that will preserve and continue to build on the accomplishments of Mel Thomson.

Gov. Thomson used to say that “New Hampshire is what America was.” We can only hope that this will continue to be the case for future generations of Granite Staters.

D.J. Bettencourt served as a State Representative in the New Hampshire House of Representatives from 2005 to 2012 and was the House Majority Leader for the 2011-2012 legislative term. He is the President of Bettencourt & Associates, a nonprofit solutions firm and serves on the Budget Committee and Economic Development Action Committee in Salem, NH.

To the editor: Support Our Police Officers

Police actions in Ferguson, MO; New York City, Baltimore, Baton Rouge and Minnesota have been in the news, and a few police officers have been seen using excessive force and shooting people. I believe a small number of police officers use excessive force, and these officers should be held accountable for their actions.

The vast majority of police officers diligently do their duty and treat criminals and suspects with respect. Unfortunately, police officers are being vilified and attacked because of a few over-zealous officers. The result is police officers can be hesitant to take actions that could possibly be construed as too forceful, and thereby criminals are emboldened to commit violence. Unfortunately, this could have been the situation leading to the murder of the Dallas police officers. And, by the way, why aren’t people on the streets protesting the killing of the five Dallas police officers?

The ramifications of hesitation by police officers in doing their jobs can place their lives in jeopardy and have a negative effect on public safety.

We need to support our police officers who risk their lives every day to keep us safe.

Donald Moskowitz
Londonderry, NH

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Property Sales, Foreclosures for AUGUST, 2016 in Andover, North Andover, Lawrence, & Methuen. From Northern Essex Registrar of Deeds M. Paul Iannuccillo
(All properties are listed in order; seller, buyer, address, and price.)

ANDOVER
Maureen Hanley, Emily Jackson, 34 Summer Street Unit C, \$221,862.00
3 Copley Drive LLC, Joseph and Jennifer Kelber, 3 Copley Drive, \$650,000.00
Taylor Cove Development LLC, Chuanwu Wang, 22 Taylor Cove Drive Unit 11, \$569,900.00
Taylor Cove Development LLC, Yanyan Liu, 22 Taylor Cove Drive Unit 11,
Frederick and Jeanne Delisio, 74-76 Butler Street LLC, 119-121 NorthMain Street, \$347,500.00
Stephanie Purtell, Tao Yu, 22 Somerset Drive, \$825,000.00
Stephanie Purtell, Ji Wu, 22 Somerset Drive,
Charles and Linda Oconnor, Nicholas and Caitlin Brown, 3 Embassy Lane, \$570,000.00
340 High Plain Road Realty Trust, Stephen and Jennifer Moy, 340 High Plain Road, \$920,000.00
Hamilton Green Apartments LLC, 319 Lowell Street Realty LLC, 311 Lowell Street,
Hamilton Green Apartments LLC, 319 Lowell Street Realty LLC, 319 Lowell Street , \$1,000,000.00
Michael and Marcia Greene, Anne and Bryan Rosselli, 6 Pipers Glen, \$1,095,000.00
Niall and Evelyn Black, Bryant and Kim Marie Brown, 159 High Plain Road, \$481,000.00
Peter O. Dion Revocable Trust of 2005 and Diane T. Dion Revocable Trust of 2005, Elena Malkova, 430 River Road, \$665,000.00
Michael and Maureen Johnson, Derek and Amie Weber, 9 Delphi Circle, \$542,000.00
A. Wallace and Sandra Hayes, David Melody, 298 South Main Street, \$1,475,000.00
A. Wallace and Sandra Hayes, Judith Fenyk-Melody, 298 South Main Street,
Smith Realty Trust, James and Victoria McCarthy, 38 York Street, \$540,000.00
Sheffield Circle Realty Trust, Trudy and Shannon McCabe, 5 Sheffield Circle, \$560,000.00
Holland Family Trust, Michael and Lauren Mean, 54 Tucker Farm Road, \$820,000.00
Nancy Rosenheim, Laurie Goldstein, Homer JR Life EST Judge, Maw Alpin Life EST Judge, Nathan Hass, 181 Highland Road, \$379,000.00
Monica Buchholz, Christopher and Jennifer Smith , 142 hidden Road, \$667,875.00
Cheryl Robinson 2004 Revocable Trust, Nagaraja Chikkegowda, 6 Green Meadow Lane, \$680,000.00
Cheryl Robinson 2004 Revocable Trust, Madhu Pandavapura Gowda, 6 Green Meadow Lane,
Sarah Tremblay, Tobias Rao, 20 Colonial Drive Unit 20-9, \$145,000.00
Rajeev Nair and Preetha Rajeev, Flaviu and Cristina Iepure, 27 Hearthstone Place, \$1,110,000.00
Yanning Song and Jinghui Qian, Sean and Laurie O'Connor, 66 Osgood Street, \$580,000.00
Henrietta Araujo, Edward Smith, 90 Washington Park Drive Unit 11, \$122,500.00
Susan and Paul Slovin, Xiangdong Liu, 18 Sugarbush Lane, \$685,000.00
Susan and Paul Slovin, Tao Yu, 18 Sugarbush Lane,
69 North Street LLC, Deepak Joglekar, 4 Atlantic Avenue Unit 4, \$569,900.00
69 North Street LLC, Neeta Kumari, 4 Atlantic Avenue Unit 4,
Deanne McGuinness, Thomas Scott McGrane, 13 Wildwood Road, \$505,000.00
Deanne McGuinness, Alexandra Rhode, 13 Wildwood Road,
Nicholas and Joan Orrick, Kindred Homes Inc. , 353 Salem Street, \$320,000.00
George Macdonald, Mark Huntington, 2 Colonial Drive Unit 6D, \$106,300.00
Samuel and Lori Gerber, Angela Ahuja Malik, 6 Ruggiero Way, \$1,424,500.00
13 Maple Avenue Realty Trust, Saleha Walsh, 13 Maple Avenue, \$556,600.00
Daniel Little and Barbara Phillips, Peter and Shirley Schwarz, 7 Old South Lane, \$535,000.00
Stephen Gravallese, Pusha Karim, 1000 Spring Valley Drive Unit E, \$287,000.00
Stephen Gravallese, Taimur Ellahi, 1000 Spring Valley Drive Unit E,
Jeff and Gerri Weiss, Yheyais Mechegia, 6 Ashford Lane, \$795,000.00
Jeff and Gerri Weiss, Rebecca Tola, 6 Ashford Lane,
Glen Dixon, Danyang Li, 30 Boutwell Road, \$735,500.00
Tam Van and Thom Thi Tran, Edward and Kimberly Maggio, 3 Phoenix Place, \$755,625.00
John Joseph Lewis, William Fahey, 40 Brown Street, \$350,000.00
David Randy Lade, Dustin Botta, 16 Baltimore Street Unit 221, \$250,000.00
Emily Murphy , Judith O'Brien, Abbot Street, \$40,000.00
Kenneth Hysczak and Maura Harty, Michael Gritz, 242 South Main Street, \$784,000.00
Pablo Stanley, Brian Wilson, 28 Avery Lane, \$790,500.00
Pablo Stanely, Marina Vijayakanthan, 28 Avery Lane,
Frank and Mary Mazza, Dineshkumar, 9 Rindge Road, \$500,000.00
Frank and Mary Mazza, Hetalben, 9 Rindge Road,
Aldo and Suzanne Damiani, Peter and Stephanie Aguiar, 6 Parthenon Circle, \$685,000.00
JKB Realty Trust, Steven and Nicole Garuti, 301 Salem Street, \$612,000.00
Maureen Keller, Richard Jaenicke, 8 Fosters Pond Road, \$929,000.00
Maureen Keller, Amy Carey-Stevenson, 8

Fosters Pond Road,
Jeffrey and Jane Ingram, James and Lauree Linehan, 17 Oriole Drive, \$805,000.00
Lowell and Jane Rosman, Michael and Angela Bertani, 51 School Street, \$1,000,000.00
Red Spring Development LLC, Lora Morgan, 55 Red Spring Road, \$375,000.00
CA Investment Trust, Anne T. Lacourse Revocable Trust, 1 Muirfield Circle Unit 1-1, \$1,300,000.00
Ajeet and Shweta Singh, Garima Kumari, 18 Dale Street Unit 3G, \$370,000.00
Ajeet and Shweta Singh, Yashendra Kumar, 18 Dale Street Unit 3G,
Mary Louise Moosa, D. Randall and Molly Lade, 172 High Street, \$430,000.00
Ringo Realty Trust, Jin Wu, 40 Corbett Street, \$477,000.00
Ringo Realty Trust, Zhiqiang Li, 40 Corbett Street,
Edward Odell Jr., Ben and Alyssa Jackson, 96 Wildwood Road, \$815,000.00
George and Colleen Hughes, Michael Dean and Maria Esmeralda Ortloff, 36 Oriole Drive, \$1,087,500.00
HBI LLC, Timothy and Michelle Foley, 32 Lovejoy Road, \$674,000.00
Ali Niakosari, Rahul Shah, 18 Dale Street Unit 3-B, \$392,000.00
Marisol Hilario, Judy Shields, 1000 D. Spring Valley Road, \$286,000.00
Robert Muldoon, Senad Resic, 250 North Main Street Unit 8, \$230,000.00
JS2 Homes LLC, Daniel and Heather Ward, 16 Fairfax Drive, \$1,260,000.00
Gregory and Michelle O'Connor, Brian and Nicole Tisbert, 4 Eastman Road, \$1,135,000.00
Ralph and Wendy Zimmerman, Kevin and Rebecca Furilla, 200 Cardigan Road, \$450,000.00
Greg Alexandris, Panagiotis Fidias, 10 Prides Cricle, \$1,887,750.00
Greg Alexandris, Elizabeth Barkowski-Fidias, 10 Prides Circle,
J & C Fraser Realty Trust, James and April McBrine, 47 Pleasant Street, \$760,000.00
Donna Weinberg, John Charles and Carol-Ann Tardanico Fraser, 32 Bobby Jones Drive Unit 5-3, \$736,250.00
Labrecque Realty Trust, Shadi Tabrizi, 10 Regis Road, \$656,000.00
CA Investment Trust, Francis and Sheila Ciampa, 27 Ivana Drive Unit 12-4, \$900,000.00
Deutsche Bank Trust Co. Americas TR, Intellivest Partner LLC, 43 Lowell Street, \$285,000.00
Paul and Jane Doucette, Biju Nair, 10 Kathleen Drive, \$515,000.00
LAWRENCE
Andrew Cruz, Sokyun Hong, 9 Shawsheen Road, \$220,000.00
Rebecca Pierce, Kinjal and Pritesh Patel, 38 Wedgewood Road Unit 38, \$172,000.00
Chloe LLC , EZ Living LLC, 2 Market Street, \$150,000.00
Jose Paulino, Ylkania Abad, 76-78 Hawley Street, \$382,000.00
Demers Realty Trust, Nunez LLC, 417 Canal Street, \$700,000.00
Gamal Salama, 75 Bunkerhill Street LLC, 75 Bunkerhill Street, \$300,000.00
Albert Tervalon, Sindy Vargas Guerrero, 30-32 Exchange Street, \$370,000.00
Jose and Jeannette Santos, Yahaira and Genesis Liriano Rodriguez, 30 School Street, \$295,000.00
Richardson Revocable Trust, Yimy Suriel, 423 Lowell Street, \$228,500.00
Paul Adolph and April Lyskowsky, Jose and Jeannette Santos, 1-3 Currier Street, \$300,000.00
USA Housing Urban Development, Carmen Garcia, 32-34 Juniper Street, \$265,000.00
Thomas and Melissa Branco, Angela Jiminez, 175 Bailey Street, \$215,000.00
Anthony Beaulieu, Jasbinder and Jaspreet Pabla, 451-453 South Broadway, \$400,000.00
David John and Kerri Ann Thumith, Joaquin and Joselin Colon, 64 Groton Street , \$260,000.00
Holly Street Property Management LLC, Samnang Houth Tonn, 99 Farnham Street, \$253,000.00
Holly Street Property Management LLC, Sinat Nuon, 99 Farnham Street,
Anne and Barbara Belanger, Olga Tejada, 17 Cyr Drive,
Eddy Hamburgo, Vicky and Naidith Conception, 108 Greenwood Street, \$236,000.00
Daher Group Inc. , Janelis Rosario, 251B Farnham Street , \$260,000.00
Anthony Consoli, Nancy Consoli Life Est., Jo-Anne Khalil, Jose and Jeanette Santos, 5 Berkeley Street, \$222,000.00
Jecenia Tejada, Juan Tejada, 1062 Essex Street, \$390,000.00
Luis Frias, Skaidy Mieses, 20 Knox Street Unit 7, \$95,000.00
Luis Frias, Maribel Acevedo, 20 Knox Street Unit 7,
Molly Elizabeth Nominee Trust, Johanne Frias, 4 Florence Street , \$137,500.00
Mary Espinal, Carmen Pena, 362 Hampshire Street, \$176,000.00
Theresa Azzi, Danny Azzi, 312 Water Street Unit 7, \$60,000.00
Beneficial Massachusettes Inc., Carlos Mercedes, 57 Bodwell Street, \$136,149.00
JMF Realty LLC , Angel and Donna Solano, 68 Grton Street, \$270,000.00
Sunshine Easton Realty LLC, Elizabeth Roszkowski, 7-9 Easton Street, \$415,000.00
Daniel and Rosemary Marte, Pura Vargas, 14-16 Sheridan Street, \$396,000.00
HSBC Bank USA NA TR, Cecilia Vasquez, 218 Ferry Street, \$189,219.00

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Property Sales, Foreclosures for AUGUST, 2016 in Andover, North Andover, Lawrence, & Methuen. From Northern Essex Registrar of Deeds M. Paul Iannuccillo
(All properties are listed in order; seller, buyer, address, and price.)

Homes LLC, Howe Street, \$825,000.00 William and Aliza Whitcomb, Charles and Jodi Clement, 11 Frederick Avenue , \$315,000.00 Stephanie Lane, Christopher Oro, 945 Riverside Drive Unit 22C, \$167,119.00 US Bank Trust NA TR, Angela Y. Ovalles Delora, 25 Haverhill Street, \$145,000.00 US Bank Trust NA TR, Dario R. Lora, 25 Haverhill Street, Wayne Bernard Revocable Trust and Viola L Bernard Revocable Trust, Shailesh Patel, 4 Ayers Village Road, \$240,000.00 HSBC Bank USA N A, Edward Cavatorta, 24 Laurel Avenue, \$180,000.00 Linda and Joseph Francis, RJP Construction & Development Inc., 4-6 Belmont Street, \$210,000.00 Essex Management & Realty Property Inc., James Hajj, 216 Hampstead Street, \$300,000.00 Paul and Wendy Trussell, Ezequiel Echevarria, 105 Harris Street, \$279,900.00 Paul and Wendy Trussell, Cristina Rodriguez, 105 Harris Street, Robert Hutchings , Paul and Wendy Trussell, 51 Campus Road, \$307,000.00 Thomas Tinney, Christine Ouellette, Maryellen Kolodziej, Helen Thiele, Jay Development Corp, 51 Pleasant Street, \$200,000.00 Thomas Tinney, Christine Ouellette, Maryellen Kolodziej, Helen Thiele, Jay Development Corp, Pleasant Street, \$50,000.00 Randal and Jennifer Levesque, Melissa Branco, 13 Deering Avenue, \$265,000.00 Rebecca Dorman, Jennifer and Randal Levesque, 38 Causeway Street, \$418,000.00 Josephine and Stephen Moysenko, Carmen Lidia Zorrilla, 32 Strathmore Road, \$210,000.00 Sandra Hafiz Inc., Samuel and Christy Manoranjan, 25 Peach Tree Lane, \$819,000.00 Ralph, Frederick, and Daniel Herrick, Mary Moran, Kathleen O'Brien, Florence Chambers, and Sheila Murano, Florence and Wayne Chambers, 34 Hideaway Lane, \$350,000.00 Toll MA IV LLC, Hwai-Chen Guo, 11 Sierra Court Unit 10, \$628,316.00 Toll MA IV LLC, Jianping Xiao, 11 Sierra Court Unit 10, Kathryn and Brian Linnehan, Susan Seamans, 44 Swan Avenue, \$300,000.00 George Zalaket, AZZ B2B LLC, 117-119 Swan Street, \$330,000.00 John T. Finn, Sergio Garcia, 19 Joy Terrace, \$233,000.00 Mark and Cheryl Torbin, Annie Brady, 45 Washington Street Unit E26, \$232,000.00	Robby Robinson, Patrick Brewin, One Peaslee Terrace Unit 1B, \$230,000.00 Joseph and Danielle Placenti, Stellah Chomba, 125 Tyler Street, \$405,000.00 Joseph and Danielle Placenti, Evelyn Wambugu, 125 Tyler Street, Leroy and Joyce Snodgrass, Alfredo Arias Collado, 356 Pelham Street, \$495,000.00 Erlinda and Pedro Martinez, Juan Jimorales, 13-15 Tower Street, \$349,000.00 US Bank Trust NA TR, 37 Lexington Avenue Realty Trust, 37 Lexington Avenue, \$147,000.00 Tomasz and Lori Wozniak, Joseph and Ashley Macquarrie, 218 Oakland Avenue, \$252,000.00 Maryelizabeth Rose-Palmer, Jose Alexandre, 43 Sugar Hill Circle, \$366,000.00 Jean Strauten Driscoll, Kathrynne and Kevin Colon, 36 Lincoln Street, \$308,500.00 Jane Poirier, Fernando and Agnes Rico, 2 Hitching Post Lane, \$590,000.00 Patricia, Laurence, and Jonathan Rossi, Erica Caiella-Rossi, 15 Abbey Road, \$450,000.00 Dennis and Kathleen Sacco, Yatin and Diptiben Patel, 10 Bramble Hill Road, \$519,900.00 Michael, Heidi, and Carol Neff, Select Properties LLC and Sydney Properties LLC, 251 Hampshire Street, \$367,719.00 Jose Ortega , Yatin and Diptiben Patel, 20 Danbury Drive Unit 5, \$80,000.00 Kaitlin Boland, Mohammed Jawad, 1 Riverview Blv. Unit 5-203, \$200,000.00 Kaitlin Boland, Miral Bassam Alzurba, 1 Riverview Blv. Unit 5-203, Toll MA IV LLC, Coppola Irrevocable Trust, 4 Sierra Court Unit 2, \$43,674.00 Deutsche Bank National Trust CO TR,	Daher Group Inc., 175-177 Tenney Street, \$165,409.00 Daher Group Inc., George Koontz, 175-177 Tenney Street, \$158,000.00 Carol Cohen, Ana Reyes, 54 Magna Road, \$330,000.00 Croston Realty Trust, Min Kai Wu, 520 Prospect Street, \$2,500.00 Nicholas Demita, Renee Lajoie, 8 Cottage Street, \$367,950.00 Nicholas Demita, Jordan Jesiolowski, 8 Cottage Street, John and Carrie Toto, Valley View Way Realty Trust, 3 Valley View Way, \$480,000.00 Nancy Khayyat, David Pappalardo, 39 East Street, \$310,000.00 David Burnham and Alycia Souris, Said Laari, 7 Carroll Street, \$310,000.00 David Burnham and Alycia Souris, Naima Mouhib, 7 Carroll Street, Arleigh Greene, Adam Lucas, 83 Derry Road, \$320,000.00 Ibrahim Saleh and Hanna Jabbour, Anna Valyrakis, 945 Riverside Drive Unit 9C, \$170,000.00 Shaun and Kristen Keegan, Aleena Joseph, 136 Oakland Avenue, \$282,500.00 Shaun and Kristen Keegan, Mortimer Figueroa, 136 Oakland Avenue, Preferred Construction LLC, Five C. Investments LLC, 5 Bedford Street, \$171,000.00 Anthony and Carole Giordano, Valai and Robert Folmer, 29 Copley Drive, \$505,000.00 Donald Olson , Michael Surprenant, 52-54 Union Street, \$215,000.00 Michael Alianiello, Charles Asadoorian, 14 Reservoir Street, \$212,806.04	Robert and Maya Faris, Matthew and Denise Talty, 1 Cox Lane, \$405,000.00 Miguel Perez, Ruben Correa, 7 Goldsmith Court, \$239,000.00 Summers Crossing LLC, Natalya Kuznetsova, 20 Ferry Road Unit 10, \$365,000.00 Jason Hashem, Elizabeth Kelly, 19 Hampshire Road Unit 103, \$160,000.00 Mary Sanzo, Michael Benjamin, 8 Cook Street, \$250,000.00 Mary Sanzo, Yronellys Diaz, 8 Cook Street, Toll MA IV LLC, Laurence and Patricia Rossi, 40 Pine Tree Drive Unit 26, \$496,406.00 Prolim Development Corp., Robert, Maya, and Bechir Faris, 151 Cross Street, \$485,000.00 Richard Kunz and Laura Plath, Quy Thanh and Thuy Trang Nguyen, 2 Morningside Drive, \$399,500.00 Richard and Patricia Carter, Juan Mendez Brito, 33 Elmwood Road, \$215,000.00 Jean Mondesir, Carlos Calcano, 34 Camden Street, \$365,000.00 Jean Mondesir, Vilma Sierra, 34 Camden Street, U S Bank Trust, Diverse Real Estate LLC, 94 Railroad Street Unit B, \$95,000.00 John and Diane Marie Felci, John Thomas and Marissa Pasquarello, 25 Copley Drive, \$425,000.00 Renato and Teresa Deleon, Dhruv and Mira Patel, 1 Cameron Way, \$535,000.00 Toll MA IV LLC, John and Kathleen Coppola, 36 Pine Tree Drive Unit 24, \$524,973.00 Kathleen Buote, Joseph and Elizabeth Travassos, 295 Lowell Street, \$332,000.00 Joseph and Amy Crosby, Raquel Dasilva, 22 Woodland Circle, \$335,000.00 NORTH ANDOVER Raju Metpelly, Herald Topi, 58 Village Green Drive Unit 67, \$199,900.00 Bryan Crabtree, Yawen Hao, 70 Edgelawn Avenue Unit 3, \$145,000.00 Daniel and Karen Rumore, Alex Volovick, 38 Edgelawn Avenue Unit 11, \$155,000.00 Thomas Arcand, Paul Dimilla, 148 Main Street Unit B-133, \$210,000.00 Beverly and Lawrence Owens, James Curley, 12 Walker Road Unit 5, \$124,000.00 Karen McEvoy, James and Jillian Buckley, 83 Old Farm Road, \$642,500.00 Daniel Murphy, Cummings Family Revocable Trust, 95 Osgood Street, \$746,000.00 James Venuti, Daniel Michael Rao, 9 Walker Road Unit 8 , \$145,000.00 Brian Marshall and Christopher Fennell, David and Joanne Gagnon, 262 South Brad-
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Property Sales, Foreclosures for AUGUST, 2016 in Andover, North Andover, Lawrence, & Methuen. From Northern Essex Registrar of Deeds M. Paul Iannuccillo (All properties are listed in order; seller, buyer, address, and price.)

ford Street, \$825,000.00
Karly Ronan and Seth Pasakarnis, Hong Jian Chen, 68 Fernview Avenue Unit 5, \$200,000.00
Karly Ronan and Seth Pasakarnis, Xiaoyan Lin, 68 Fernview Avenue Unit 5, CPM Trust, Jun Cao, 20 Campbell Road, \$541,500.00
CPM Trust, Xiaogu Zhang, 20 Campbell Road,
James and Jeffrey Campbell, Susan Norris, 99 Edgelawn Avenue Unit 6, \$167,500.00
Robert and Beth Buyea, Jean Kosky, 65 Millpond, \$330,500.00
Ashwin Hande and Malini Gargeshwari, Eric Archambault, 40 Millpond, \$299,900.00
Ashwin Hande and Malini Gargeshwari, Gabrielle Lataille, 40 Millpond,
Allen Family Trust, Robert and Beth Buyea, 35 Dale Street, \$575,000.00
Abby and Steven Diamond, Eric Narcisi, 940 Johnson Street, \$460,000.00
Abby and Steven Diamond, Brenna Powers-Narcisi, 940 Johnson Street, Josephine Lagrimas, Sumit Patial, 610 Alder Way Unit 610, \$389,900.00
Josephine Lagrimas, Diva Thakur, 610 Alder Way Unit 610,
Carline Sabatella, Beverly Jolly, 52 Fernview Avenue Unit 7, \$176,500.00
Dennis and Lisa Moriarty, Neil Evan Mulcahy, 193 Greene Street, \$393,500.00
Frank and Sherri Lagana, Laura Kaye, 14 Skyview Terrace, \$825,000.00
Frank and Sherri Lagana, Gregory Fleming, 14 Skyview Terrace,
Berry Street Trust, Angela Bowers and Brian Kuzemczak, 114 Berry Street, \$382,500.00
Harry Webster and Karen Bramwell, VBB Realty Trust, 50 Marblehead Street Unit 50, \$240,000.00
William Doucette, 1345 Boston Road Realty Trust, 0 Osgood Street, \$250,000.00
Matthew Conte, Nicole Harrison, 1401 Great Pond Road Unit 9, \$189,500.00
Joseph and Alison Lepordo, Brian and Laura Hemphill, 5 Anvil Circle, \$666,750.00
Esther Concemi, Dovaro Trust, 362 Massachusetts Avenue, \$245,000.00
William and Ellen Faria, Richard and Lisa Larson, 20 Hawthorne Place, \$555,000.00
Gary and Ellen Lemoine, James and Jessica Yazell, 17 Dana Street, \$392,000.00
Alberto and Nadine Sobrado, Bryce and Sheila Hoffman, 24 Faulkner Road, \$460,000.00
Melissa Duggan, Marsela Nakuci, 61 Village Green Drive Unit 45, \$195,000.00
Rachel Simili, Michelle Gauthier, 6 Kingston Street Unit 122, \$155,000.00
Janice Micklo, Aaron and Stephanie Bell, 120 Carlton Lane, \$605,000.00
Abbie Kayla LLC, Zero North Main Realty LLC, North Main Street, \$155,000.00
Mary Ellen and George Lannan, Christopher Hansberry, 59 Farrwood Avenue Unit 2, \$75,000.00
Mary Ellen and George Lannan, Shannon Slater-Hansberry, 59 Farrwood Avenue Unit 2,
Margaret Krupkowski, Timothy and Lindsay Healy, 151 Abbott Street, \$555,000.00
U S Bank N A TR, Jamol LLC, 157 Water Street Unit 2, \$210,000.00
Joan Mailhot, Thomas and Nancy Varnum, 410 Blue Ridge Road, \$660,000.00
Joseph and Diane Kattar, Doanh Mai, 42 Westbridge Road, \$393,500.00
Joseph and Diane Kattar, Hue Lam, 42 Westbridge Road,
Barbara Giles, John and Carrie Toto, 50 Deer Meadow Road, \$520,000.00
Ja-Ton Realty Trust II, Baoma Corp, 853 Turnpike Street, \$210,000.00
Dimitrios Saragas, Chieuly Thi Dac, 107 Campion Road, \$938,000.00
Dimitrios Saragas, Thao Ngoc Le, 107 Campion Road,
Berry 114 CO LLC, Amjad Kahn, 72 Compass Point Unit D3, \$216,900.00
Carol Declercq, Rhonda Brouder, 110-112 Marblehead Street, \$375,000.00
Marlene Trefethen, Ming Chu, 4 Walker Road Unit 4, \$86,000.00
Michelle Shea Desrochers, Jennifer and Patrick Callison, 72 Fernview Avenue Unit 4, \$195,500.00
Raju and Suhasini Metpelly, Key-Line Inc., 71 Mayflower Drive Unit 17, \$591,291.00
Gregory and Ann Cummings, Jeffrey and Ashley Clark, 1275 Salem Street, \$590,000.00
Jonathan Bojas, Jesse Blackwell, 24 Summer Street Unit B, \$280,000.00

Leon Wilkins and Judith Von Kummer, Chad and Eliza Bohigian, 175 Forest Street, \$580,000.00
Joseph and Tamara Byrne, Stephen and Diane Pessinis, 64 Stanton Way, \$660,000.00
Eugenia Ferrante, Robert and Julie Carpenter, 17 Millpond Unit 17, \$379,900.00
Michael and Michele Moore, Meghan Carr, 13 Walker Road Unit 13-2, \$159,600.00
Elsie Pouliot, Tyson and Sarah Ortiz, 501 Boxford Street, \$412,500.00
Michael and Kathleen McFadden, Eric and Gina Gillespie, 145 Old Cart Way, \$715,000.00
Joseph Elaz, Keith and Somashree Templeton, 366 Candlestick Road, \$630,000.00
Andrew and Lerin Barnard, Jessie Liu, 180 Berry Street, \$700,000.00
Sandra Hafiz Inc., William and Megan Woodward, 15 Peach Tree Lane, \$819,900.00
Landry Nominee Trust, Thomas and Andrea McSweeney, 121 Berkeley Road, \$605,000.00
Jian He and Wenhua Yang, Jeffrey and Jessica Beck, 400 Sharpners Pond Road, \$525,000.00
James Buckley IV, Richard Harvie, 23 Beech Avenue, \$464,900.00

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*Write log notes throughout shift, noting any incidents and maintain regular communication with other team members.
*Attend all required training.
* Respond appropriately to guests and act as a role model.
* Contribute to the efforts of the program in maintaining a high quality living environment and to the overall quality of life for guests.
* Conduct and document routine fire drills and other fire prevention activities.
* Perform other duties as required.

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